

HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

June 2023

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 6

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

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UPCOMING MEETINGS

Next Meeting:

Wednesday September 6th, 2023 @ 6:30 pm

Kaiser Building across from Sacramento's DA's office
906 G Street, Sacramento CA

Please park behind the DA's office for free or on G
street which has metered parking.

Summer Break—No Meeting July and August

In Loving Memory

June Dates of Birth

Allen Qualls	06/03/1979
George Edward Haynie, Jr.	06/12/1977
Mi'Angelo Cordero	06/08/1982
D. Johnson	06/02/1982
Andres Martinez	06/12/1975
Timothy Donaldson, Sr.	06/12/1961
Derek C. Mathis	06/13/1978
Donte' M. Rogers	06/11/1984
Steve Morris Smith	06/29/1981
Jerry Johnson Jr.	06/13/1969
Juan Jose Guzman	06/10/1968
Lonnie L. Taylor	06/09/1965
Eirka Renee Barrios	06/18/1980
Jonathan Giurbino	06/02/1987
Paul Ray Cousins III	06/19/1987
Patrick Razaghzadeh	06/17/1984
Shawn Chaney	06/30/1969
Francisco Jesus Medina-Tomas	06/11/1993
Thomas Massie	06/10/1988
Lanajah Nachele Dupree	06/03/1996
Monica Anderson	06/13/1983
Pamela Johnson	06/25/1955

June Dates of Loss

Brandon Timmons	06/04/2003
Otilla Carrington	06/04/2003
Freddie Rodriguez III	06/29/2003
Wesley Hunter	06/07/2003
Jesus J. Morales	06/30/1998
Derek C. Mathis	06/15/2003
William Gomes	06/26/2004
Carl J. Johnson	06/15/2004
Sha Tavia Leann Westbrook	06/22/2003
Damon Jacob	06/21/2004
Michael Anderson	06/23/1996
Juan Jose Guzman	06/07/2006
Travis Leon Hempstead	06/30/2005
Erick Anthony Young	06/11/2006
Augusto E. Lopez-Garcia	06/16/2006
Gabriel Martinez	06/25/2006
Aaron M. Strauthers	06/10/2007
Joseph Roneel Dutt	06/29/2007
Mary Ourk	06/02/2007
Marie Buchanan	06/10/1990
Damon Jacobs	06/21/2004
Floyd Wehe	06/04/2006
Travis Smith	06/18/2008
Braeden Gardner	06/17/2009
James Arthur	06/03/2009
Anthony Lamar Barnett	06/17/2010
Avery Sanders	06/17/2010
Alvin Saivon Valentine	06/23/2013

Loss of A Father

We do not need a special day to bring you to our minds.
The days we do not think of you are very hard to find.
Each morning when we awake we know that you are gone.
And no one knows the heartache as we try to carry on.
Our hearts still ache with sadness and secret tears still flow.
What it meant to lose you no one will ever know.
Our thoughts are always with you, your place no one can fill.
In life we loved you dearly; in death we love you still.
There will always to be a heartache, and often a silent tear.
But always a precious memory of the days when you were here.
If tears would make a staircase, and heartaches make a lane,
We'd walk the path to heaven and bring you home again.
We hold you close within our hearts; and there you will remain,
To walk with us throughout our lives until we meet again.
Our family chain is broken now, and nothing seems the same,
But as God calls us one by one, the chain will link again.

<http://affinityfunerals.com.au/poems-for-the-loss-of-a-father>

What Makes A Dad ?

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... 'DAD!'

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times **Summer break July & August**
Sept 6th, 2023 @ 6:30 pm
October 4th, 2023 @ 6:30 pm

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

SNOWLINE Healing All Together provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group.

<https://snowlinehospice.org/our-services/grief-services/grief-support-services-grief-support-groups>

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <https://vimeo.com/353432975>

10th Year Memorial Celebration
For You
Alvin Saivon Valentine
aka "ASV" aka "Young King Gone Way Too Soon"



When we think or say the number "10" we try to imagine how our life will be in "10" years. Our imagination only contains positive things such as children, grandchildren, marriage, careers, money, retirement, vacation etc. But the one thing that we never include in our "10" year projection is losing a loved one. Once you lose a loved one your "10" year imagination is now counting all my years backward of just memories.

MySon1, my "10" year imagination hasn't been the same since I lost you on June 23, 2013. Every day that I try to imagine yours and mines then my mind goes blank and sad tears fall from my eyes. This "10" year will not just be remembered with heartache, but the memories of how happy, blessed, and grateful I am. This "10" year celebration is to say Thank You to our Heavenly Father for allowing me to be here (mind, body, and soul) to honor you Alvin Saivon Valentine, MySon1, My Young King Gone Way Too Soon.

Alvin Saivon Valentine you are always missed and loved by your family and friends

*December 20, 1993 - June 23, 2013

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA** For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30-9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento