

# HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

January 2023

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 1

## GROUP PURPOSE

### *Why are we here:*

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



### **Facilitating Victim Advocates**

Ahmanal Dorsey  
DorseyA@sacda.org  
916-874-6193

Michelle Husbands  
Husbandsm@sacda.org  
916-874-5430

Tatiana Morfas  
MorfasT@sacda.org  
916-874-6741

## UPCOMING MEETINGS

### **Next Meeting:**

**Wednesday Feb 1st, 2023 @ 6:30 pm**

Kaiser Building across from Sacramento's DA's office  
906 G Street, Sacramento CA

Please park behind the DA's office for free or on G street which has metered parking.

## In Loving Memory

### January Dates of Birth

Andrey Tsurkanu	01/12/1980
Armondo Toro	01/09/1976
Thomas Calvin Rambo	01/13/1974
Demetrio N. Nambo	01/12/1975
Jerry Kaiser	01/27/1954
Tommy Lee Deorosan, Jr.	01/17/1980
Oletha Bradford	01/22/1965
Nickolas Contreras	01/15/1979
Earnest Talley	01/28/1975
Michael Jason Moore	01/29/1971
William Gomes	01/22/1961
Mark Vaughn Flowers	01/04/1958
Sheppard Scott	01/02/1979
Javier A. Chavez	01/08/1980
Thomas Devon Vassar	01/03/1981
James Burley Woulard	01/22/1971
Teveston Johnson	01/14/1980
Eddie Holman	01/15/1972
Beverly Ann Smith	01/25/1960
Damon Jacob	01/19/1974
Jesse Rodgers Jr.	01/10/1981
Wang Meng Lee	01/07/1982
Daniel James Martinez	01/05/1984
Joseph Proctor	01/30/1990
Jesse J. Fernandez	01/27/1938
Joseph Aaron Griggs	01/26/1978
Aaron M. Strauthers	01/19/1973
Antwoan Dupree Williams	01/29/1986
Dwayne Jerome Harvey	01/25/1970
Steven Clay	01/03/1983
Sean Aquitania Jr.	01/30/2007
Ebony Kight	01/31/1972
Daniel Martinez	01/05/1984
Augusta James	01/23/1976
Steve X. Lo	01/16/1969
Dusty Rose Vazquez	01/03/1980
Lee Edward Johnson	01/05/1982
Tammula Robbins	01/29/1986
January Keene	01/29/1976
Curtis Atkinson	01/10/1958
David Valdez	01/17/1997
Michael Jason Moore	01/29/1971
William Woodall	01/28/1957
Macy Murphy	01/28/2001

### January Dates of Loss

Quinnisha Thomas	01/13/2003
Keith Andrew McDade	01/19/1992
Mariett Ford	01/16/1997
Marcellus Ford	01/16/1997
Robert Boocher	01/22/2000
Marcel J. Lofton	01/19/1996
Tony Rocha	01/27/1999
Sylvia Diaz	01/27/2000
Robert Francisco Maisonet	01/07/2006
Kaysha Janae Shafer	01/12/2004
Teresite Estrada	01/16/1997
Olegandro Luna	01/22/1994
Soledad Abogado	01/05/1999
Antonio Jose "Chuy" Garcia	01/14/2001
Maurice Taylor	01/24/2002
Carl Wright	01/22/2000
Pablo Enrique Reyes	01/11/2002
Carl Anthony Wright	01/21/2000
Sheppard Darryl Scott	01/24/2005
Milton Miguel Ruiz	01/31/2002
Robert Tommy Rojas	01/01/2006
James Laskey Ramirez	01/03/2006
Abdullah Saud Almahri	01/23/2006
Danny Hickman	01/02/2007
Lamar Pierre Gasaway	01/17/2007
Robert Rojas	01/01/2006
Sharon Ann Johnson	01/02/2007
Kelly Ann Johnson	01/02/2007
Erika Renee Barrios	01/20/2007
Brenda D. Trujillo	01/16/2007
Prince Ray Mills	01/05/2007
Leel Wilson III	01/10/2009
Marcus Thompson	01/14/2010
January Keene	01/05/2007
Karen Curtin	01/24/2010
Roberto Flores	01/02/2011
Deandre Ellison	01/19/2011
Titus Tuft	01/13/2011
Zamaujae E. Allen	01/31/2021

## *A New Year's Wish*

*A New Year's wish of peace and love  
As we honor those above  
To hear of them can make us smile  
Please say their names once in a while  
We need to speak of them to you  
And know that you remember too  
They're gone from sight, but not from heart  
And for this time that we're apart;  
We'll always miss them, always care  
It helps when memories you share  
To speak of them does not bring pain  
It brings them close to us again.  
So if you have a memory  
A thought that you can share with me  
I'd love to hear it if you could  
Please speak their name, I wish you would*

*kp©2013  
Out of the Ashes/FB*

## New Year's Resolutions for the Bereaved

By Tanya Lord

This year I resolve to:

- ♥ Not put a time limit on my grief. Loving someone means loving them for my life time whether they are physically present or not.
- ♥ Tell their stories, the happy and the sad, they will live on through me.
- ♥ Encourage others to share memories.
- ♥ Teach others that they cannot "make" me cry, tears are only an external expression of how I am feeling all the time.
- ♥ Understand that crying or otherwise expressing my pain is healthy and normal. "Doing well" means expressing my feelings.
- ♥ Understand that others will not understand my pain and it isn't fair to expect them to do anything but listen.
- ♥ Recognize that asking for help from those that love us is a really a gift that we give to them.
- ♥ Help others, reaching out to others in pain will help me to heal.
- ♥ Do something nice for myself every day.
- ♥ Know that if today I can not do everything that needs to be done, tomorrow is another chance to get it done.
- ♥ Cry when I need to, laugh when I can and to not feel guilty about either one.
- ♥ Let go, bit by bit, of the guilt, regret and anger because I know holding on to these emotions can be so damaging.
- ♥ Take a risk and let others into my life and heart.
- ♥ Take care of my physical, emotional and spiritual health.
- ♥ Reinvest in life a little bit each day...



**Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at [husbandsm@sacda.org](mailto:husbandsm@sacda.org) by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

**Memorial Quilts:** If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

**Meeting Dates & Times:** Feb 1st, 2023 @ 6:30 pm  
March 1st, 2023 @ 6:30 pm  
April 5th, 2023 @ 6:30 pm

**Children's Support Groups:** Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. [www.sutterchildrens.org/childbereavement](http://www.sutterchildrens.org/childbereavement)

**UC Davis Hospice** young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

**SNOWLINE Healing All Together** provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group.

<https://snowlinehospice.org/our-services/grief-services/grief-support-services-grief-support-groups>

**REMEMBER ME BEARS:** Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <https://vimeo.com/353432975>

# Grief Support and Resources

**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA** For additional info. call (916) 879-4541

**Crime Victim's United of California** sponsors a victim's support group **the 2<sup>nd</sup> Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

**Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at [tcfsacvalley@gmail.com](mailto:tcfsacvalley@gmail.com)

**Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30-9:00 pm** at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

**SUICIDE PREVENTION RESOURCES:** DO NOT TRY TO DEAL WITH IT ON YOUR OWN  
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;  
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

**Grace Beren: 916-730-5640; Earline Harris: 916-204-3399**

[www.thecompassionatefriends.com](http://www.thecompassionatefriends.com)

[www.1800victims.org](http://www.1800victims.org)

[www.crimevictimsunited.com](http://www.crimevictimsunited.com)

[www.cvactionalliance.org](http://www.cvactionalliance.org) Crime Victims Action Alliance

[www.pomc.org](http://www.pomc.org)

[www.pomc.org/sacramento](http://www.pomc.org/sacramento)