

HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

May 2022

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 4

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

Ahmanal Dorsey
DorseyA@sacda.org
916-874-6193

Michelle Husbands
Husbandsm@sacda.org
916-874-5430

Tatiana Morfas
MorfasT@sacda.org
916-874-6741

UPCOMING MEETINGS

WELCOME BACK TO IN PERSON MEETINGS

Next Meeting:

Wednesday June 1st, 2022 @ 6:30 pm

Kaiser Building across from Sacramento's DA's office
906 G Street, Sacramento CA

Please park behind the DA's office for free or on G street which has metered parking.

In Loving Memory

May Dates of Birth

Otila Carrington	05/18/1955
Shaun Foltz	05/02/1977
Tyreko Johns	05/16/1976
Wilfredo Ochoa	05/10/1975
Jeff Holly	05/04/1973
Mario Escobar	05/16/1952
Shawna Edgar	05/24/1977
Oscar DeHerrera	05/14/1981
Marlena Brooks	05/26/1974
Brittany Aardahl	05/28/1973
Tad Shaw	05/23/1961
Thaddeus Czuprynski	05/20/1980
Soledad Abogado	05/17/1917
LaRhonda Marie Johnson	05/24/1982
Milton Miguel Ruiz	05/23/1981
Astin Lawrence	05/15/1985
LeWayne Alan Carolina	05/05/1976
Hector Manuel Barrera Jr.	05/25/1980
Carlos Morales	05/31/1986
Richard Ramos Rios	05/01/1986
Phuong Van Le	05/18/1948
Robert Skou	05/07/1984
Donte L. Walton	05/10/1990
Cleveland H. Scott	05/27/1953
Brenda D. Trujillo	05/14/1958
Sylvia F. Guerrero	05/16/1970
Gabriel Martinez	05/31/1982
Rudolph Haynes	05/02/1952
Jelisa Office	05/07/1990
Julian Maisonet	05/27/1946
Doug Cline	05/25/1959
Joshua Kalb	05/20/1980
Jaylon Wilfort	05/18/1975
Enrique Perez	05/22/1987
Alexander Villa	05/03/1982
Fernando Lorenzo Munoz	05/12/1983
Leel Wilson III	05/20/1981
Alfredo "Chino" Perez	05/22/1987
Bobby V. Skou	05/07/1984
Marcus Thompson	05/01/1991
Marque Alexander Johnson	05/06/1992
Robert Flores	05/16/1973
Jessica Haslam	05/31/1998
Rebecca Chaquies	05/16/2002

May Dates of Loss

Shawn Foltz	05/14/2001
Travell Collins	05/02/2002
Denia Nicole Crawford	05/04/1999
Anthony Jon Casteel	05/28/1999
Michelle Montoya	05/16/1997
Vikki Lynn Lustig	05/12/1997
Marlena Brooks	05/31/1993
Kenneth Hahn	05/02/1999
Hector Rosales, Jr.	05/05/2000
George Anthony Shtaway, Jr.	05/18/2000
Angela Marie Prindle	05/31/2002
Horatio Lawrence	05/08/2001
Andrew Jackson Lewis	05/22/2005
Jerry Johnson Jr.	05/09/2005
Michael Dewatt Smith	05/20/2006
Marquis Lamont Kendall	05/13/2006
Johnny Edwards Lewis	05/22/2006
Albert Lloyd Titman	05/17/2006
Donald Lamell Willis, Jr.	05/06/2005
Adrian Hutchins	05/08/2007
Joseph Zacaria Gomez	05/09/2007
Joseph Aaron Griggs	05/17/2007
Larry Gibbs	05/09/2007
Carlos Hermaine Bryant	05/29/2007
Tri Minh Pham	05/08/2007
Paul Ray Cousins III	05/19/2009
Marcus Houston Mayes	05/28/2009
Chawn Chaney	05/29/2009
David Endres	05/31/2010
Adrian Moore	05/14/2017

All I Ask Of You
by Floria Kelderhouse

Don't tell me you know how I feel,
You haven't walked in my shoes.
Don't tell me I have other children to love,
That won't bring back the son that I lost.
Don't tell me to get out of the house,
Maybe I just want to stay here and mourn
for my lost son.

Don't tell me it will get better,
From my point of view it will never be better.

Don't tell me it could be worse,
How much worse than this could it be.

Don't tell me to trust in God,
I do trust in Him and love Him,
That won't bring my son back
Don't tell me to eat and take care of myself,
Maybe the food won't stay down.

Maybe I don't care about myself right now.
Don't tell me to try to get some sleep,
Don't you think I would love to sleep?

Don't tell me all this,
You haven't walked in my shoes.

Do tell me you care.
Do tell me you love me.

Do tell me you will be there if I need you.

If I need to just talk to call you.

Or better yet, you call me.

Just listen, that's all, just listen.

Do let me cry.

Do let me mourn.

Do let me experience this
terrible loss that I feel.

Do pray for me.

That is all I ask.

Missing Mama

© CLAUDIA LEE

<https://www.familyfriendpoems.com/poem/>

I awake each morning to start a new day,
But the pain of losing you never goes away.
I go about the things I have to do,
And as the hours pass, I think again of you.
I want to call you and just hear your voice.
Then I remember that I have no choice,
For you are not there and now my heart cries
Just to see you again, to tell you goodbye.
To say, "Mama I love you and I always will,"
And hope that much of you in me you've instilled.
The day that you left I just didn't know
That you were going where I couldn't go.
And now all my memories of you are so dear,
But gosh, how I miss you and wish you were here.
Who now can hear me when I need to cry?
It's so hard to tell you, "Mama goodbye."
Someday I know all will be well
And I'll see you again with stories to tell
Of how you were missed and how we have grown
And how good it is to finally be home.
Until then my memories of you I'll keep near,
And I'll pass them on to those who are dear.
I miss you, Mama!

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times: June 1st, 2022 @ 6:30 pm
 July 6th, 2022 @ 6:30 pm
 August 3rd, 2022 @ 6:30 pm

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

SNOWLINE Healing All Together provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group. <https://www.snowlinehospice.org/our-services/griefsupportgroups>

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <https://vimeo.com/353432975>

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA** For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30-9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento