

HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

Sept 2018

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 9

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

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UPCOMING MEETINGS

Next Meeting

Oct 3rd, 2018 @ 6:30 pm

Sacramento District Attorney's Office
901 G Street, Sacramento CA

Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

In Loving Memory

Sept Dates of Birth

Vincent Estrada	09/17/1978
Stephane Murphy	09/01/1961
Christopher A. Navarro	09/29/1971
James Eugene McMillen	09/22/1978
Hector Rosales, Jr.	09/08/1979
Howard Curtis Morris, Jr.	09/07/1981
Mario Vidal	09/16/1988
Cheryl Brinkley	09/14/1981
Timothy Tallman	09/02/1974
Devin McWilliams	09/09/1976
Jerry Sarnowski	09/22/1972
Brandon Loomer	09/01/1981
Ng Heim Thai	09/01/1953
Tyesha Gallien	09/03/1986
Kaysha Janae Shafer	09/06/2003
Lee Michael Candelaria	09/03/1981
Kelly Ann Johnson	09/22/1987
Gregory Cabrera	09/02/1972
Devin Marsean Crowder	09/28/1975
Dominique Dupree Hickman	09/13/1989
Carlos Hermaine Bryant	09/25/1972
Noah Seamster	09/26/1988
Gustavo Lopez	09/08/1990
Katricia Banks	09/17/1983
Michael Branner Jr.	09-16-1978
Salvador Heredia-Arriago	09/01/1983
Robert Corpos	09/05/1990
Francisco "Frankie" Flores	09//01/1991

Sept Dates of Loss

Denise Hooper	09/15/1989
Alvin Stone	09/13/2002
Ian Duarte	09/18/2002
Andrey Tsurkanu	09/02/2003
Pavel Voskoboinik	09/27/2003
Harnes	09/03/2003
Jeff Holly	09/02/1995
Tomek Ordon	09/16/1994
Lindsay Sullivan	09/25/1995
Howard Curtis Morris, Jr.	09/22/1999
Tonya Belton	09/26/1993
Ruben Esquivel	09/21/1995
Antonio Indio Del Sol Garcia	09/17/1994
Yvonne Bean-Tate	09/27/1993
Thaddeus Czuprynski	09/23/1999
Marsha Runyon	09/23/1999
Mathew Erwin	09/12/1997
Keyonta Deon Thornton	09/07/2000
Tommy Xiong	09/11/2002
Howard Turley	09/16/2005
Princella Walker	09/24/2005
Homero Estrada Perez	09/17/2005
Margarita Cortez	09/17/2004
Donte L. Walton	09/23/2006
John Paul Martin	09/21/2006
Antonio Garnica	09/28/2001
Jose Segura	09/08/2007
Noah Seamster	09/03/2007
Sean Aquitania, Jr.	09/14/2007
Sean Aquitania, Sr.	09/14/2007
Enrique Perez	09/13/2007
David Butler	09/26/2008
Vincente Segura Hernandez	09/24/2008
Alfredo "Chino" Perez	09-13-2007
Dominic D. Campos	09/30/2009
Lee Edward Johnson	09/19/2009
Jesus Garcia	09/04/2011
Audie Hogue	09/14/2011

Reality of Life

Life isn't just full of happiness,
It's sunsets, it's love, it's tears.
It's the thoughts of yesterdays memories,
That can wash away all out fears.

It's that very painful experience,
That each one of us has had.
It's the laughter that fills the air,
It's the tears when you are sad.

It's loving that someone special,
That at one time made you smile.
It's the pain of losing that person,
But the memories that make it worthwhile.

It's that child in every one of us,
Although in time we'll all be old.
It's the good times we'll never forget,
It's the memories we'll always hold.

It's the hug that we all need,
When we'd rather drown in our sorrow.
It's the hope in every one of us,
That makes us hold on for tomorrow.

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National Day of Remembrance
For Murder Victims
Hosted by
Sacramento Chapter
Of Parents Of Murdered Children

Where: California State Capitol
North Steps

When: Tuesday September 25, 2018

Time: 6 to 8 pm

Please come a little early to meet
other support groups and
state agencies that help
homicide survivors.

For more information please contact
Misty Foster, Chapter Leader

SacPOMC@gmail.com

916-879-4541

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times: **October 3rd, 2018 @ 6:30 pm**
 Nov 7th, 2018 @ 6:30 pm
 Dec 5th, 2018 @ 6:30 pm ...Holiday Potluck

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions,

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F Street, Dixon CA 95620.

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822.** For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets **every third Friday of each month 7:30-10:00 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento