

HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

October 2018

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 10

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

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UPCOMING MEETINGS

Next Meeting

Nov 7th, 2018 @ 6:30 pm

****NEW LOCATION****

906 G Street, Sacramento CA 95814
Directly across from the DA's office.
The building has a Kaiser sign out front.

You may continue to park behind the DA's office for free parking. You will be escorted to your car afterwards.

In Loving Memory

October Dates of Birth

Tamar Puccinelli	10/08/1974
Zephriah Johnson	10/02/1975
Roberto Treadway	10/03/1987
Ryan Smith	10/31/1978
Jasmine Leon	10/27/1973
David Ortiz, Jr.	10/08/1972
Michael S. Trout, Jr.	10/19/1974
Anthony Keith Robinson	10/04/1959
Shannon Leigh Long	10/28/1981
Ruben Esquivel	10/13/1974
Richal Shelly Dillion	10/15/1959
Sylvia Diaz	10/18/1933
Frank Contreraz	10/15/1969
Marsha Runyon	10/27/1979
Keyonta Deon Thornton	10/15/1977
Carl Anthony Wright	10/03/1975
Andrew Jackson Lewis	10/23/1976
Michelle	10/10/1972
Nina-Rose	10/20/1997
Prem Chetty	10/30/1955
Ronald Carpenter Singleton Jr.	10/14/1968
Deborah J. Williams Brown	10/06/1957
Danny Hickman	10/03/1980
Darryl LaMont Harris	10/22/1974
Raymond Lee Robinson	10/13/1957
Jonah L. Williams-Simms	10/05/1988
Marcus Houston Mayes	10/23/1989
Chester Corser Jr.	10/08/1946
Jeremiah Josiah McRath	10/05/2006
David Endres	10/23/1965
Vern Saeturn	10/13/1991
Jerry Saeturn	10/16/1988

October Dates of Loss

Michael Ross	10/25/2003
Michael Jason Moore	10/24/2003
Tommy Lee Deorosan, Jr.	10/23/1999
Thomas Calvin Rambo	10/01/1994
Oletha Bradford	10/25/1997
Robert	10/30/1995
David L. Sargent II	10/11/1999
Shawna Edgar	10/23/1995
Brittany Aardahl	10/01/1997
Marc Heron	10/11/1994
John Heringer	10/20/1995
Brit C. Bahn	10/11/1995
Toni R. Shull	10/02/1997
Frank Champion	10/22/2003
Manuel Alexander	10/03/2004
Michelle	10/15/2004
Nina-Rose	10/15/2004
Samantha	10/15/2004
Jerry Sarnowski	10/04/2004
Bart Santiago	10/23/2005
Xochitl Djeda Martinez	10/16/2005
Eddie Holman	10/25/2005
Ronald Carpenter Singleton Jr.	10/04/2005
Nina Guess	10/01/2006
Joseph Proctor	10/04/2006
Darryl LaMont Harris	10/21/2006
Robert Grimes, III	10/02/2007
Ebony Kight	10/25/2007
Emanuel Michel	10/18/2008
Gustavo Lopez	10/31/2008
Steve X. Lo	10/15/2008
Tammula Robbins	10/10/2009
Joshua Scott Trahan-Mays	10/10/2009
Kevin Burks	10/11/2011
Jacklyn Sue Arata	10/22/2012
Kathleen Joy Arata	10/22/2012
Chizuko Kaneshi	10/22/2013
Dolly Badiali	10/04/2014

You can shed tears that she is gone,
or you can smile because she has lived.

You can close your eyes and pray that she'll come back,
or you can open your eyes and see all she's left.

Your heart can be empty because you can't see her,
or you can be full of the love you shared.

You can turn your back on tomorrow and live yesterday,
or you can be happy for tomorrow because of yesterday.

You can remember her only that she is gone,
or you can cherish her memory and let it live on.

You can cry and close your mind,
be empty and turn your back.

Or you can do what she'd want:
smile, open your eyes, love and go on.

~ David Harkins



Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times:
Nov 7th, 2018 @ 6:30 pm
Dec 5th, 2018 @ 6:30 pm ...Holiday Potluck
Jan 9th, 2019 @ 6:30 pm

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions,

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F Street, Dixon CA 95620.

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822.** For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets **every third Friday of each month 7:30-10:00 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento