HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

November 2016

http://www.sacda.org/divisions/vw/vw.php

Issue 8

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Victim Advocates

Ahmanal Dorsey DorseyA@sacda.org 916-874-6193

Michelle Husbands Husbandsm@sacda.org 916-874-5430

UPCOMING MEETINGS

Next meeting December 7th, 2016

Holiday Potluck- bring your loved ones' favorite dish to share

Sacramento District Attorney's Office 901 G Street, Sacramento CA Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

November Dates of Birth		November Dates of Loss	
Howard Jay Thomas III	11/25/1970	David S. Crawford	11/10/2002
Jason Taylor	11/06/1978	Jeremy Coshonolt	11/07/1998
Harnes	11/08/1975	Manuel Parra	11/18/2003
Jamie Reed	11/08/1978	Jena Louise Henkel Wagner	11/25/1996
Doris Tharp	11/04/1925	Mario Escobar	11/18/1993
Toni R. Shull	11/14/1970	Meghan Ann Wagner	11/25/1996
Derek Morales	11/11/1970	Shannon Leigh Long	11/15/1996
Antonio Indio Del Sol Garcia	11/02/1974	Benjamine Carmon	11/08/2000
Irene Fontaine	11/08/1966	Jeromy Shinault	11/06/1998
John Beren	11/09/1983	Juanita Johnson	11/25/2004
Yvonne Bean-Tate	11/25/1955	Edward C. Sanchez	11/15/1999
George Anthony Shatway, Jr.	11/28/1963	Damon LaVell Miles	11/28/1992
Pablo Enrique Reyes	11/26/1975	Jahh Aquell Henry Hoskins	11/12/2005
Damon LaVell Miles	11/15/1974	Mohammad Samimi	11/10/2005
Joseph Dewayne Young	11/19/1975	Raymond Villescaz	11/06/2005
Mohammad Samimi	11/18/1944	Robert Skou	11/13/2004
Clifton Dewayne Jones	11/09/2005	Johnny F. Nolasco	11/12/2006
Margarita Cortez	11/28/1954	Jamay M. Sticca	11/08/2008
Shauntea LaRain Coates-Johnson	11/20/1978	Augusta James	11/27/2008
Shanneel Singh	11/29/1987	Jonah L. Williams-Simms	11/21/2008
Sharon Ann Johnson	11/16/1957	Patrick Razaghzader	11/01/2008
Arnold Devonne Butler, Jr.	11/09/1987	Francisco Jesus Medina-Tomas	11/21/2009
Manuel Castillo	11/01/1987	Gidd Gomel Robinson IV	11/03/2009
Emanuel Michel	11/20/1989	Bobby V. Skou	11/13/2004
Thomas Kimble	11/24/1952	Juanita Johnson	11/25/2004
James R. Lowe	1/11/1935	Divya Madelyn Ram	11/15/2009
Gidd Gomel Robinson IV	11/10/1980	Juan Carlos Sanchez	11/21/2009
Audie Hogue	11/07/1966	Thomas Massie	11/20/2009
Deandre Ellison	11/30/1990	Manuel Maciel	11/09/2008
Margaret Elizabeth Weddle	11/17/1965	Chio Saeturn	11/08/2010
Richard Ward	11/28/1994	Vern Saeturn	11/08/2010
		Jerry Saeturn	11/08/2010
		Jose Galindo- Sepulveda	11/02/2011

GRIEF By Denice D'Andrea

This thing, this blackness we call grief, menacing as the dark storm cloud that moves in silent threat, Never knowing at what moment It will strike and with what intensity.

Grief is no respecter of status or person, age or circumstance. It consistently hovers, and we, the bereaved seek shelter from its agonizing attacks on our bruised and battered hearts.

We seek a shelter that is not to be found Old friends forsake us, new acquaintances are wary, Happiness eludes us and peace is non-existent Normal is a foreign idea

Our daily struggle is so intense that we are often a weak and weary adversary for this grief

All encompassing and ever present, This grief drains our deepest emotions. Will we, can we ever pass through this pain, this sadness, this grief?

What waits for us when at last we find that tiny opening that allows us to enter a new world where grief remains only as an infrequent intrusion?

Surely someday, we will find that time when Memories, beautiful, warm and comforting will embrace us. . .

Bittersweet, perhaps, but none the less These precious memories of our dear children will be the cornerstones upon which we will build a new normal in our forever changed lives.

In loving memory of my daughter, Abby Ellen D'Andrea (6-13-1978 - 12-4-2004)

Reprinted from www.griefhaven.org/poems/poetry.html



2016 National Day of Remembrance



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ANNOUNCEMENTS

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at **husbandsm@sacda.org** by the 10th of the previous month you would like the dedication to appear. For example... Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for directions on how to complete that process.

Meeting Dates & Time : December 7th, 2016 @ 6:30 pm—Potluck January 11th, 2017 @ 6:30 pm

Children's Support Groups:

Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis at 916-734-1139. Closed group which meets once a week for 8 sessions. Please call for more information.

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620.

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm** at **5770 Freeport Blvd, Sacramento CA 95822.** For additional info. call 916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-10:00 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640

Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.groww.com --- Online grief support group

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento