# HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

May 2015

http://www.sacda.org/divisions/vw/vw.php

Issue 3

## **GROUP PURPOSE**

#### Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



#### Victim Advocates

Ahmanal Dorsey DorseyA@sacda.org 916-874-6193

Michelle Husbands Husbandsm@sacda.org 916-874-5430

### **UPCOMING MEETINGS**

Summer Potluck Wednesday, June 3rd, 2015 @ 6:30 pm

Sacramento District Attorney's Office 901 G Street, Sacramento CA Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

NEXT MEETING: Sept. 2nd, 2015
SUMMER BREAK NO MEETINGS JULY & AUGUST

## POMC BALOON RELEASE

"Memory is the way of holding onto the things you love, the things you are, the things you never want to lose"

The Wonder Years



## POMC BALOON RELEASE







"[A] final comfort that is small, but not cold: The heart is the only broken instrument that works"





# **In Loving Memory**

## May Dates of Birth

## May Dates of Loss

Shawn Foltz Travell Collins Denia Nicole Crawford Anthony Jon Casteel Michelle Montoya Vikki Lynn Lustig Marlena Brooks Kenneth Hahn Hector Rosales, Jr. George Anthony Shtaway, Jr. Angela Marie Prindle Horatio Lawrence Andrew Jackson Lewis Jerry Johnson Jr. Michael Dewatt Smith Marquis Lamont Kendall Johnny Edwards Lewis Albert Lloyd Titman Donald Lamell Willis, Jr. Adrian Hutchins Joseph Zacaria Gomez Joseph Aaron Griggs Larry Gibbs Carlos Hermaine Bryant Tri Minh Pham Paul Ray Cousins III Marcus Houston Mayes Chawn Chaney	05/14/2001 05/02/2002 05/04/1999 05/28/1999 05/16/1997 05/12/1997 05/31/1993 05/02/1999 05/05/2000 05/18/2000 05/18/2000 05/31/2002 05/08/2001 05/22/2005 05/09/2005 05/20/2006 05/13/2006 05/13/2006 05/17/2006 05/17/2006 05/06/2005 05/08/2007 05/09/2007 05/09/2007 05/09/2007 05/09/2007 05/09/2007 05/09/2007 05/19/2009 05/29/2009
David Endres	05/31/2010

#### A Mother's Love

There are times when only a Mother's love
Can understand our tears,
Can soothe our disappoints
And calm all of our fears.

There are times when only a Mother's love
Can share the joy we feel
When something we've dreamed about
Quite suddenly is real.

There are times when only a Mother's faith

Can help us on life's way

And inspire in us the confidence

We need from day to day.

For a Mother's heart and a Mother's faith
And a Mother's steadfast love
Were fashioned by the Angels
And sent from God above.

Author Unknown



## **Grief Support and Resources**

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. Meetings are the 4<sup>th</sup> Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 899-0090

Crime Victim's United of California sponsors a victim's support group the 2<sup>nd</sup> Tuesday of each month beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-10:00 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

Vijay Butler: 916-837-0066; Grace Beren: 916-730-5640

Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.qroww.com — Online grief support group

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento