GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society’s awareness of these issues.

UPCOMING MEETINGS

Summer Potluck
Wednesday, June 4th, 2014 @ 6:30 pm
Sacramento District Attorney’s Office
901 G Street, Sacramento CA
Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

SUMMER BREAK NO MEETINGS JULY & AUGUST
HAPPY BIRTHDAY JELISA

Gone but not forgotten

It’s that time of the year again. It’s your 24th birthday and it has been 7 years since you’ve been gone. They say it gets better but it really doesn’t., we just learn to live with it. I miss you sooooo much. I always wonder what you would be doing right now.

Our lives have changed so much since you have been gone., how I wish you were still here. I thank God that I had you in my life, for the 16 1/2 years that you were here. I miss that laugh and that beautiful smile of yours with those big eyes. You always said that you were a star, and yes you are truly our star.

We love you and miss you soooo much. Heaven got a good one.

Kisses and Smooches

We love you forever

“Memory is the way of holding onto the things you love, the things you are, the things you never want to lose”

The Wonder Years
"[A] final comfort that is small, but not cold: The heart is the only broken instrument that works"
In Loving Memory

May Dates of Birth

Otila Carrington 05/18/1955
Shaun Foltz 05/02/1977
Tyreko Johns 05/16/1976
Wilfredo Ochoa 05/10/1975
Jeff Holly 05/04/1973
Mario Escobar 05/16/1952
Shawna Edgar 05/24/1977
Oscar DeHerrera 05/14/1981
Marlena Brooks 05/26/1974
Brittany Aardahl 05/28/1973
Tad Shaw 05/23/1961
Thaddeus Czuprynski 05/20/1980
Soledad Abogado 05/17/1917
LaRhonda Marie Johnson 05/24/1982
Milton Miguel Ruiz 05/23/1981
Astin Lawrence 05/15/1985
LeWayne Alan Carolina 05/05/1976
Hector Manuel Barrera Jr. 05/25/1980
Carlos Morales 05/31/1986
Richard Ramos Rios 05/01/1986
Phuong Van Le 05/18/1948
Robert Skou 05/07/1984
Donte L. Walton 05/10/1990
LeWayne Carolina 05/05/1976
Cleveland H. Scott 05/27/1953
Brenda D. Trujillo 05/14/1958
Sylvia F. Guerrero 05/16/1970
Gabriel Martinez 05/31/1982
Rudolph Haynes 05/02/1952
Jelissa Office 05/07/1990
Julian Maisonet 05/27/1946
Doug Cline 05/25/1959
Joshua Kalb 05/20/1980
Jaylon Wilfort 05/18/1975
Enrique Perez 05/22/1987
Alexander Villa 05/03/1982
Fernando Lorenzo Munoz 05/12/1983
Leel Wilson III 05/20/1981
Alfredo "Chino" Perez 05/22/1987
Bobby V. Skou 05/07/1984
Marcus Thompson 05/01/1991
Marque Alexander Johnson 05/06/1992
Robert Flores 05/16/1973

May Dates of Loss

Shawn Foltz 05/14/2001
Travell Collins 05/02/2002
Denia Nicole Crawford 05/04/1999
Anthony Jon Casteel 05/28/1999
Michelle Montoya 05/16/1997
Vikki Lynn Lustig 05/12/1997
Marlena Brooks 05/31/1993
Kenneth Hahn 05/02/1999
Hector Rosales, Jr. 05/05/2000
George Anthony Shtaway, Jr. 05/18/2000
Andrew Jackson Lewis 05/22/2005
Jerry Johnson Jr. 05/09/2005
Horatio Lawrence 05/08/2001
Angela Marie Prindle 05/31/2002
Johnny Edwards Lewis 05/22/2006
American Jackson Lewis 05/17/2006
Donald Lamell Willis, Jr. 05/06/2005
Adrian Hutchins 05/08/2007
Joseph Zacaria Gomez 05/09/2007
Joseph Aaron Griggs 05/17/2007
Larry Gibbs 05/09/2007
Carlos Hermaine Bryant 05/29/2007
Tri Minh Pham 05/08/2007
Paul Ray Cousins III 05/19/2009
Marcus Houston Mayes 05/28/2009
Chawn Chaney 05/29/2009
David Endres 05/31/2010
I want to leave you something.
Something much better than words or sounds. Look for me in the people I've known and loved or helped in some special way.

Let me live in your heart as well as your mind. You can love me most by letting your love reach out to our loved ones. By embracing them and living in their love.

Love does not die, people do.
So, when all that's left of me is love, give me away as best you can.

- Unknown
Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. Meetings are the 4th Monday of each month from 6:30 pm – 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 899-0090

Crime Victim’s United of California sponsors a victim’s support group the 2nd Tuesday of each month beginning at 6:30 pm at St. Teresa of Avila’s Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-10:00 pm at the St. Mark’s United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.
Vijay Butler: 916-837-0066; Grace Beren: 916-730-5640
Earline Harris: 916-204-3399

www.thecompassionatefriends.com
www.groww.com— Online grief support group
www.1800victims.org
www.crimevictimsunited.com
www.cvactionalliance.org Crime Victims Action Alliance
www.pomc.org
www.pomc.org/sacramento