HOMICIDE SUPPORT NETWORK
Sacramento County District Attorney's Office
March 2014
Volume 2

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society’s awareness of these issues.

UPCOMING MEETINGS

Wednesday, March 5th, 2014 @ 6:30 pm
Sacramento District Attorney’s Office
901 G Street, Sacramento CA

Sharon Bell will be presenting on and showing her Remember Me Bears

Please park in the jury lot on 8th & G, or behind the building and enter through the back door.

NEXT MEETING: Wednesday, April 2nd, 2014

Victim Advocates
Ahmanal Dorsey
DorseyA@sacda.org
916-874-6193

Michelle Husbands
Husbandsm@sacda.org
916-874-5430
A doctoral student is doing her dissertation on the grieving process among individuals who have lost a close friend or family member to homicide.

If you are at least 18 years old, she would be happy to have your participation in this study that aims to find out more about clinical needs in order to help with treatment development.

Participation involves completing brief questionnaires and should take approximately 30-45 minutes.

A representative from Alliant University will be present at the group meeting on March 5th, 2014 @ 6:00 pm if you wish to participate. Or contact Rosie Dunn at rdunn-jackson@alliant.edu

Or you may participate by going to the following website: https://alliant.qualtrics.com/SE/?SID=SV_6zHwHNR4UnrWD2d

“He that conceals his grief finds no remedy for it”

TURKISH PROVERB

Volunteers Needed for Research Project

Grief Camp for kids ages 6-17

Dates for new campers

FRIDAY APRIL 25th—SUNDAY April 27th, 2014

www.camphopeca.com
When tomorrow starts without me,
and I’m not here to see,
If the sun should rise and find your eyes,
filled with tears for me.

I wish so much you wouldn’t cry,
The way you did today,
While thinking of the many things,
We didn’t get to say.

I know how much you love me,
As much as I love you,
And each time you think of me,
I know you’ll miss me too.

When tomorrow starts without me,
Don’t think we’re far apart,
For every time you think of me,
I’m right there in your heart.

"Suppressed grief suffocates, it rages within the breast, and is forced to multiply its strength."  - OVID
<table>
<thead>
<tr>
<th>March Dates of Birth</th>
<th>March Dates of Loss</th>
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<tbody>
<tr>
<td>Manuel Parra 03/07/1971</td>
<td>LaVelle Grays 03/20/2001</td>
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<tr>
<td>Thomas Swafford 03/31/1980</td>
<td>LaRonda Marie Johnson 03/26/1998</td>
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<tr>
<td>Kimberly Ray 03/24/1965</td>
<td>Zephriah Johnson 03/21/2003</td>
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<tr>
<td>Albert Proctor 03/22/1968</td>
<td>Vincent Estrada 03/25/2003</td>
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<td>Michael A. Menzies 03/21/1978</td>
<td>Tony Galati 03/14/1998</td>
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<tr>
<td>Julianna Lasefiied 03/25/1994</td>
<td>Larry Carriosa 03/01/2000</td>
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<td>Tony Galati 03/14/1979</td>
<td>Tad Shaw 03/13/1998</td>
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<td>Robert ________ 03/03/1966</td>
<td>Randy Peterson 03/28/1999</td>
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<td>William A. Broady 03/28/1953</td>
<td>Andre Duran Whittaker 03/26/1999</td>
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<td>Anthony Jon Casteel 03/20/1968</td>
<td>Crystal Johnson 03/29/1994</td>
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<td>Billy Champ, Jr. 03/23/1997</td>
<td>Anthony Keith Robinson 03/16/1999</td>
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<td>Mark Contreras 03/23/1994</td>
<td>Nickolas Contreaz 03/02/1998</td>
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<td>Theron LaMortoe Hopkins-Hollis 03/02/1976</td>
<td>Beverly Jean Horne 03/06/1995</td>
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<td>Kelly Dyan Hendershot 03/23/1979</td>
<td>David Sarre III 03/26/1998</td>
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<td>David Crawford 03/09/1948</td>
<td>Glenn C. Whitten 03/01/2000</td>
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<td>Maurice Taylor 03/07/1983</td>
<td>Jackie Madera 03/28/1999</td>
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<td>Wesley Hunter 03/05/1979</td>
<td>Joie Armstrong 03/26/1999</td>
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<td>Stevan Stewart Santistevan 03/30/1960</td>
<td>Ricky J. Collier 03/29/1994</td>
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<td>Howard Turley 03/31/1973</td>
<td>Tomek Ordon 03/02/1998</td>
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<td>Priscella Walker 03/24/1979</td>
<td>Andres Martinez, Jr. 03/13/1998</td>
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<td>Homero Estrada Perez 03/30/1971</td>
<td>Wilfredo Ochoa 03/27/2004</td>
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<td>Augusto E. Lopez-Garcia 03/24/1986</td>
<td>D. Johnson 03/10/2004</td>
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<tr>
<td>Nina Guess 03/12/2005</td>
<td>Julie Ann Carrera 03/12/2005</td>
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<td>Damien Louis King 03/13/1989</td>
<td>Linda Louise Avila 03/12/2005</td>
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<td>Michael Lamar Barron 03/17/1979</td>
<td>Jesse Rodgers, Jr. 03/10/2005</td>
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<td>Jerimi Millican 03/17/1986</td>
<td>De’Antwan T. Thomas 03/11/2005</td>
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<td>Marquis R. Richmond 03/22/1976</td>
<td>Hector Manuel Barrera Jr. 03/26/2006</td>
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<td>Joseph Zacaria Gomez 03/15/1989</td>
<td>Carlos Morales 03/06/2006</td>
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<td>Joseph Roneel Dutt 03/14/1985</td>
<td>Phuong Van Le 03/14/2006</td>
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<td>Patrick Moore 03/15/1968</td>
<td>Ralph Reynoso, Jr. 03/26/2006</td>
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<td>Marie Buchanan 03/27/1952</td>
<td>Cleveland H. Scott 03/30/2007</td>
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<td>Leo Fletcher III 03/17/1986</td>
<td>Gregory Cabrera 03/28/2007</td>
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<tr>
<td>Evelyn Wash 03/01/1952</td>
<td>Jelissa Office 03/23/2007</td>
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<tr>
<td>Anthony Lamar Barnett 03/01/1983</td>
<td>Arlo Ligi 03/13/2008</td>
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<tr>
<td>Michael Sanderson 03/14/1957</td>
<td>Jack Maurice Lawrence 03/15/2006</td>
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<td>Fernando Lorenzo Munoz 03/21/2009</td>
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<td></td>
<td>Raul Velasquez 03/13/2010</td>
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<td></td>
<td>Salvador Heredia-Arriaga 03/26/2010</td>
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<td></td>
<td>Marque Alexander Johnson 03/17/2010</td>
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<td></td>
<td>Jeremiah Josiah McRath 03/25/2010</td>
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<td></td>
<td>Monica Anderson 03/13/2010</td>
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<td>David Valdez 03/20/2011</td>
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In Remembrance of Ian

ONE WISH

If I could have but one wish
When I open my eyes your handsome face I’ll see
I will hear the sound of your voice
It’s been so long
Since I heard you say
“Hi mom, I’m home”.

I would hug you and tell you
How much we all missed you
It’s been so many years.
Tell you how much I LOVE YOU
And forget I shed an ocean of tears.

If I could have but one wish
I’d hold your hand and never let go,
Cherish every birthday candle on your special day
And hang on to every word you ever said.

Why do we take so much for granted?
I will never know,
Losing my son was a bitter lesson
But it taught me how precious each moment can be
I grasp each day knowing that it may be my last
I thank God each day when I open my eyes
And hold on to the loved ones
I was blessed to have.

Lisa Blen
(In your sweet memory my son Ian)
TUESDAY, APRIL 8TH, 2014
WEST STEPS (10TH STREET) OF THE CALIFORNIA STATE CAPITOL

Booth Set Up: 9:30 AM / Ceremony begins at 11:45 AM!

If you would like to have a photograph of a loved one lost to violent crime displayed. Please print and follow the directions on photo release form. If you sent a photo in before it will be on display.

PLEASE FOLLOW DIRECTIONS OF WHERE TO SEND PHOTO ON FORM. DO NOT SEND TO CVU!

Photo deadline: March 7, 2014
25th Annual Victims March on the California State Capitol  
April 8, 2014  
PICTURE INFORMATION & RELEASE FORM

Tuesday, April 8th, the Annual Victims March will be held on the West Steps of the State Capitol. (Located on the 10th Street side)

We will be displaying photographs of loved ones lost to violent crimes. (If your photograph has been displayed in past years, it will be displayed again this year.

If you would like to have a photograph of your loved one displayed, send a duplicate negative of the picture or if that is impossible, please send a photograph (no polaroids) at least 4 by 6 inches in size. Any picture or negative you send must be very clear as we are increasing the picture to poster size.

We must receive your photograph by March 7, 2014. We will produce as many photographs for this event as time and our budget permits. Please mail your negative or photograph or email as early as possible to:

... Debbie Rollins  
... California Correctional Peace Officers Assn.  
... 755 Riverpoint Drive  
... West Sacramento, CA 95605  
... debbie.rollins@cpoa.org

ALL NEGATIVES/PHOTOGRAPHS MUST INCLUDE THE PERMISSION SLIP BELOW OR THE PICTURE WILL NOT BE DISPLAYED. IT IS NOT NECESSARY TO PROVIDE A PERMISSION SLIP IF YOU HAVE ALREADY SIGNED AND SUBMITTED ONE.

I give my permission for CCPOA to display a photo of __________________________

at the Annual Victims March. I understand that the photo may be used in other crime victim displays sponsored by CCPOA or Crime Victims United of California.

I further understand negatives and/or pictures will not be returned to me.

Name __________________________ Signature __________________________

... (Please print)

How related __________________________ Phone Number ( ) __________________________

Name of Victim __________________________ Date of Crime __________________________

Date of Birth __________________________ Date of Death __________________________
The following members of the support group are willing to lend a listening ear during your time of grief.

**Vijay Butler:** 916-837-0066; **Grace Beren:** 916-730-5640
**Earline Harris:** 916-204-3399

[www.thecompassionatefriends.com](http://www.thecompassionatefriends.com)
[www.groww.com](http://www.groww.com) — Online grief support group
[www.1800victims.org](http://www.1800victims.org)
[www.crimevictimsunited.com](http://www.crimevictimsunited.com)
[www.cvactionalliance.org](http://www.cvactionalliance.org) Crime Victims Action Alliance
[www.pomc.org](http://www.pomc.org)
[www.pomc.org/sacramento](http://www.pomc.org/sacramento)

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**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm** at 5770 Freeport Blvd, Sacramento CA 95822. For additional info. call (916) 899-0090

**Crime Victim's United of California** sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila’s Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

**Sacramento Valley Compassionate Friends** meets **every third Friday of each month** 7:30-10:00 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

**VIVA—Volunteers in Victim Assistance** is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

**SUICIDE PREVENTION RESOURCES:** DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: http://www.nopcas.org