Elder and Dependent Adult Abuse

Important Resources

Sacramento Co. Adult Protective Services
Investigates allegations of abuse and neglect for seniors and dependent adults, and provides referrals to local social service programs.
916.874.9377  www.dhhs.saccounty.net/sas

Sacramento Regional Family Justice Center
Provides trauma-informed individual counseling as well as referrals to group counseling for both adults and children.
916.875.4673  www.hopethriveshere.org

McGeorge School of Law Elder and Health Law Clinic
Free legal assistance to low income seniors.
916.340.60806  http://www.mcgeorge.edu

Sacramento Co. In-Home Supportive Services
Helps aged, blind, or disabled persons to remain in their homes with paid caregivers.
916.874.9471  www.dhhs.saccounty.net/sas

Sacramento Co. Senior Volunteer Services
Offers volunteer opportunities for adults over age 55 to stay active and make a difference in the lives of others.
916.875.3631  www.dhhs.saccounty.net/sas

Sutter Health - SeniorCare PACE
Offers a broad range of comprehensive, coordinated services.
916.446.3100  www.checksutterfirst/seniorservices/seniorcare.html

Victims of Crime Resources Center
Resources and referrals to victims, families, service providers, and advocates.
800.842.8467  www.1800victims.org

Personal Community Resource Reference

Sacramento County District Attorney’s Office
Victim Witness Assistance Program
www.sacda.org/helpingvictims/victim-witness
916.874.5701

Citrus Heights Police Department
www.citrushighheights.net/222/Police
916.727.5500

Elk Grove Police Department
www.elkgrovpd.org
916.714.5115

Folsom Police Department
www.folsom.ca.us/city_hall/depts/police
916.355.7234

Galt Police Department
ci.galt.ca.us/city-departments/police-department
916.366.7000

Rancho Cordova Police Department
www.ranchocordovapd.com
916.875.9600

Sacramento City Police Department
www.cityofsacramento.org/Police
916.264.5471

Sacramento County Sheriff’s Department
www.sacsheriff.com
916.874.5115

To request a District Attorney Speaker on Elder Abuse, please visit www.sacda.org or email speakers@sacda.org.

901 G Street · Sacramento, CA 95814
916.874.6218
CA Relay Service 800.735.2929 TDD or 711

Facebook.com/SacCountyDA  @SacCountyDA

Sacramento County District Attorney’s Office
Anne Marie Schubert
District Attorney
sacda.org
Isolation. Monitoring and controlling the person's movements, refusing to let the person outside the home or allowing the person to have visitors, and confinement to a particular area.

Financial (fiduciary) exploitation. Theft, improper use of money or property, extortion, embezzlement, fraud and unauthorized use of funds from the bank.

Psychological / Verbal abuse. Fear brought about by threats, name-calling, swearing, yelling, making humiliating remarks, constant criticism, and threats of physical harm or nursing home placement.

Neglect. Leaving a person unattended and abandoned. The failure of a caregiver to provide clothing, medication.

A dependent adult is someone with certain mental or physical disabilities that keep him or her from being able to do normal activities or protect himself or herself.

Elder abuse is defined by California Penal Code section 368 as the unlawful physical or psychological mistreatment of any person who is 65 years of age or older, including taking financial advantage, actual neglect, or physical mistreatment. Each of these crimes is punishable by imprisonment.

If you are an elderly person or a dependent adult who is being abused in any of these ways or you feel afraid or controlled by a family member, spouse/partner or former spouse/partner, or a caregiver, it may help you to talk to a counselor. This may help you even if you do not want (or are not sure if you want) to ask for legal protection.

Victim Witness Assistance Program

A criminal act may have serious and lasting physical, economic and emotional impact on an elder or dependent adult. An assigned victim advocate works with victims of crime and/or family members to provide services to address their needs and concerns including:

Applying for Victim Compensation. Victim advocates will help victims complete an application for certain expenses related to the crime. Physical injury may result in medical expenses, or there may be a need to access counseling services, increase personal and home security, and replace windows or locks.

Types of abuse

Physical / Sexual abuse. The use of physical restraint, inappropriate usage of medications. Any physical pain caused by slapping, kicking, pushing, beating, shaking, squeezing, pinching or forcing sex acts without consent of ability to consent.

Information and referral to other agencies. Advocates can provide help to elder or dependent adult victims in providing referrals to appropriate community service programs.

Help for Victims of Elder and Dependent Adult Abuse

Becoming a victim of a violent crime can have a devastating impact on an older person or a dependent adult. Many victims may feel they have few options. They may feel unable to resolve or avoid abusive situations due to cognitive impediments, health, or limited resources. Some persons are unaware of the victimization and refuse to report and testify against a family member who has abused them, or refuse to see themselves as victims.

Help is available for victims of elder and dependent adult abuse through the Sacramento County District Attorney's Victim Witness Assistance Program. Trained and experienced victim advocates can provide crisis counseling, advocacy, direct assistance, information about the criminal justice system, and community referrals.