

HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

April 2018

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 4

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

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UPCOMING MEETINGS

May 2nd, 2018 @ 6:30 pm

Life Of A Case in DA's Office

Presented by a Deputy District Attorney

**Sacramento District Attorney's Office
901 G Street, Sacramento CA**

**Please park in the jury lot on 8th & G, or behind the
building and enter through the back door.**

In Loving Memory

April Dates of Birth

Ronald Westley Swift	04/29/1981
Quinnisha Thomas	04/21/1984
Travell Collins	04/15/1979
Michael Ross	04/05/1984
James Robert Treiberg	04/15/1969
Larry Carrisosa	04/27/1949
David L. Sargent II	04/12/1975
Michelle Montoya	04/23/1979
Vikki Lynn Lustig	04/01/1968
Glenn C. Whitten	04/25/1977
Robert Booher	04/22/1942
Michael Izell Brown	04/19/1982
Travell Collins	04/15/1979
Donnell Harden	04/17/1969
Manuel Alexander	04/11/1971
Julie Ann Carrera	04/09/1977
Michael Ross	04/05/1984
Fredrick Karl Johnson	04/26/1965
Clifford Owens	04/06/1983
Bart Santiago	04/28/1962
Xochitl Djeda Martinez	04/24/1971
James Laskey Ramirez	04/27/1987
Roosevelt Cambell Jr.	04/05/1966
Albert Lloyd Titman	04/16/1986
Robert Christopher Placencia	04/12/1989
Adrian Hutchins	04/20/1986
Larry Gibbs	04/28/1971
Damon Perkins	04/19/1980
Valeeya Brazile	04/07/2004
Leo Velasco	04/13/1986
Isaac-Michael Bartkovsky	04/26/1990
Divya Madelyn Ram	04/20/2006
Rebecca Layson	04/26/1992
Avery Sanders	04/20/1952
Karen Curtin	04/29/1959
Truly Lo	04/12/1998

April Dates of Loss

Nancy Jenkins-Smith	04/21/2001
Tamar Puccinelli	04/05/1993
Stephanie Murphy	04/15/1999
Adam Todd	04/30/2000
James Jones	04/24/2003
Ryan Smith	04/28/2002
Nicholas Bateman	04/02/2000
Demetrio N. Nambo	04/24/1994
Francis Smith	04/17/1998
Thomas Swafford	04/27/1998
Julianna Lacefield	04/11/1998
Andrew Montano	04/17/1998
Mi'Angelo Cordero	04/16/2002
Cheryl Brinkley	04/10/2005
Kevin Moore	04/26/2005
Michael Villescaz	04/24/1994
Roosevelt Cambell Jr.	04/23/2006
Raymone Joseph Washington	04/23-2006
Lonnie L. Taylor	04/23/2006
Gary James Maryland	04/13/1996
Victor Lima	04/11/2006
Raymond Lee Robinson	04/11/2006
John Kenneth Green	04/12/2008
Alexander Villa	04/04/2009
Thomas Kimble	04/16/2009
Katricia Banks	04/11/2009
Leo Velasco	04/24/2009
Dusty Rose Vazquez	04/09/2009
Martin Ramirez Jr.	04/11/2009
Jazzmyne Sharnae Bruner	04/15/2010
Francisco ' Frankie 'Flores	04/14/2011
Ubaldo Barraza	04/22/2012
Charles Wayne Smythe	04/28/2001



**MONDAY APRIL 9TH, 2018
WEST STEPS OF THE
CALIFORNIA STATE CAPITOL**

10th Street side

9:00 am—12:00 pm

If you sent a photo in before it will be on display.

Parents Of Murdered Children (POMC)

On Wednesday April 11th, 2018 the Sacramento Chapter of Parents Of Murdered Children will be hosting a Wednesday, April 11th, 2018, from 12:00 to 2:00 pm. With the balloon release scheduled for 1:00 pm. It will be held at the McKinley Park Rose Garden again this year. We are releasing the balloons in remembrance of our loved ones who have died by violence.

Misty Foster

Sacramento Area Chapter Leader

Parents Of Murdered Children (POMC) www.pomc.org/sacramento

When a loss hits us,
we have not only the particular loss to mourn
but also the shattered beliefs and assumptions
of what life should be.
These life beliefs must be mourned separately.
Sometimes we must grieve for them first.
We can't grieve the loss if we are in the midst of
"It's not supposed to happen this way" . . .
We intellectually know that bad things happen ~
but to other people, not us,
and certainly not in the world we assumed we were living in . . .
Your belief system needs to heal and regroup as much as your soul does.
You must start to rebuild a new belief system from the foundation up,
one that has room for the realities of life
and still offers safety and hope for a different life:
a belief system that will ultimately have a beauty of its own
to be discovered with life and loss.
Think of a lifeless forest in which a small plant
pushes its head upward, out of the ruin.
In our grief process, we are moving into life from death,
without denying the devastation that came before.

-- Elisabeth Kübler-Ross and David Kessler, in
On Grief and Grieving : Finding the Meaning of Grief Through the Five Stages of Loss

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times:
May 2nd, 2018 @ 6:30 pm
June 6th, 2018 @ 6:30 pm Summer Potluck
No group July and August- Summer Break
Sept 4th, 2018 @ 6:30 pm

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact Peggy Gulshen @ 916-454-6555 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions, next session starts Feb 20th, 2018 ending April 10th , 2018 6:00 pm -7:30 pm

POMC ANNUAL BALOON RELEASE: Wednesday, April 11th, 2018, from 12:00 to 2:00 pm. With the balloon release scheduled for 1:00 pm. It will be held at the McKinley Park Rose Garden again this year. We are releasing the balloons in remembrance of our loved ones who have died by violence. Please RSVP by April 2, 2018 to ensure we have enough balloons for everyone.

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F Street, Dixon CA 95620.

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **Meetings are the 4th Monday of each month from 6:30 pm - 8:00 pm at 5770 Freeport Blvd, Sacramento CA 95822.** For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets **every third Friday of each month 7:30-10:00 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Please contact Pamela Amo @ 916-955-3180 for questions pertaining to the group.

VIVA—Volunteers in Victim Assistance is a full service center for victims of violent crime and trauma. It is located at 2020 Hurley Way, Suite 265 Sacramento CA 95825. Tel # 916-570-1690. They serve victims primarily in Sacramento County, but they can also serve victims in El Dorado, Placer and Yolo counties. Please contact them for additional information.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento