

# HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

June 2025

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 5

## GROUP PURPOSE

### *Why are we here:*

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



### **Facilitating Victim Advocates**

Ahmanal Dorsey  
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916-874-6193

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916-874-5430

## UPCOMING MEETINGS

**SUMMER BREAK—No Meeting July & Aug**

**Next Meeting:**

**Sept 3rd, 2025 @ 6:30 pm—8:30 pm**

**We encourage you to reach out to one another, a local support group, or online if you need additional help while we are on break. We look forward to seeing you again in September.**

## In Loving Memory

### June Dates of Births

Allen Qualls	06/03/1979
George Edward Haynie, Jr.	06/12/1977
Mi'Angelo Cordero	06/08/1982
D. Johnson	06/02/1982
Andres Martinez	06/12/1975
Timothy Donaldson, Sr.	06/12/1961
Derek C. Mathis	06/13/1978
Donte' M. Rogers	06/11/1984
Steve Morris Smith	06/29/1981
Jerry Johnson Jr.	06/13/1969
Juan Jose Guzman	06/10/1968
Lonnie L. Taylor	06/09/1965
Eirka Renee Barrios	06/18/1980
Jonathan Giurbino	06/02/1987
Paul Ray Cousins III	06/19/1987
Patrick Razaghzadeh	06/17/1984
Shawn Chaney	06/30/1969
Francisco Jesus Medina-Tomas	06/11/1993
Thomas Massie	06/10/1988
Lanajah Nachelle Dupree	06/03/1996
Monica Anderson	06/13/1983
Pamela Johnson	06/25/1955

### June Dates of Loss

Brandon Timmons	06/04/2003
Otilla Carrington	06/04/2003
Freddie Rodriguez III	06/29/2003
Wesley Hunter	06/07/2003
Jesus J. Morales	06/30/1998
Derek C. Mathis	06/15/2003
William Gomes	06/26/2004
Carl J. Johnson	06/15/2004
Sha Tavia Leann Westbrook	06/22/2003
Damon Jacob	06/21/2004
Michael Anderson	06/23/1996
Juan Jose Guzman	06/07/2006
Travis Leon Hempstead	06/30/2005
Erick Anthony Young	06/11/2006
Augusto E. Lopez-Garcia	06/16/2006
Gabriel Martinez	06/25/2006
Aaron M. Strauthers	06/10/2007
Joseph Roneel Dutt	06/29/2007
Mary Ourk	06/02/2007
Marie Buchanan	06/10/1990
Damon Jacobs	06/21/2004
Floyd Wehe	06/04/2006
Travis Smith	06/18/2008
Braeden Gardner	06/17/2009
James Arthur	06/03/2009
Anthony Lamar Barnett	06/17/2010
Avery Sanders	06/17/2010
Alvin Saivon Valentine	06/23/2013
Anthony Holliday III	06/19/2022

## As We Look Back

(by Clare Jones)

As we look back over time  
We find ourselves wondering  
Did we remember to thank you enough  
For all you have done for us?  
For all the times you were by our sides  
To help and support us  
To celebrate our successes  
To understand our problems  
And accept our defeats?  
Or for teaching us by your example,  
The value of hard work, good judgement,  
Courage and integrity?  
We wonder if we ever thanked you  
For the sacrifices you made.  
To let us have the very best?  
And for the simple things  
Like laughter, smiles and times we shared?  
If we have forgotten to show our  
Gratitude enough for all the things you did,  
We're thanking you now.  
And we are hoping you knew all along,  
How much you meant to us.



Here are 3 tools to help you navigate your grief this week:

1. Breathe intentionally. When your emotions feel overwhelming, take a few deep breaths. Inhale peace. Exhale heaviness. Repeat until your body settles.

2. Write it out. Journal what you're feeling without judgment. Let your heart speak. Sometimes clarity comes when we release the chaos on paper.

3. Stay connected. Don't isolate. Even if it's just one person or this group, stay plugged in. Community matters, especially when grief feels loud.

You are loved. You are supported. And you are not walking through this alone.

**Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at [husbandsm@sacda.org](mailto:husbandsm@sacda.org) by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

**Memorial Quilts:** If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

**Meeting Dates & Time**

**SUMMER BREAK JULY & AUGUST**  
September 3rd, 2025 @ 6:30 pm

**Children's Support Groups:** Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. [www.sutterchildrens.org/childbereavement](http://www.sutterchildrens.org/childbereavement)

**UC Davis Hospice** young adult group for ages 17-24. Please contact Wendy Nguyen @ 916-731-6854.

**SNOWLINE Healing All Together** provides FREE groups for children, teens and their families. Based on The Dougy Center method. Contact their bereavement services section at 530-621-7820 or email [Grief@snowlinehospice.org](mailto:Grief@snowlinehospice.org) for more information or to register. See description below from their website . <https://snowlinehospice.org/grief-support/#grief-support-groups>

"Kids and teens are placed in groups alongside similar-aged peers who have suffered a similar loss. Art, music, motion, and play are selectively utilized to promote healing when words aren't enough. Pre-registration required."

**REMEMBEAR ME BEARS:** Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <https://vimeo.com/353432975>

# Grief Support and Resources

**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA** For additional info. call (916) 879-4541

**Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm** at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at [tcfsacvalley@gmail.com](mailto:tcfsacvalley@gmail.com)

**Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30-9:00 pm** at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

**SUICIDE PREVENTION RESOURCES:** DO NOT TRY TO DEAL WITH IT ON YOUR OWN  
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;  
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

**Rachel Benavidez 916-628-6220 Earline Harris: 916-204-3399**

[www.thecompassionatefriends.com](http://www.thecompassionatefriends.com)

[www.1800victims.org](http://www.1800victims.org)

[www.crimevictimsunited.com](http://www.crimevictimsunited.com)

[www.cvactionalliance.org](http://www.cvactionalliance.org) Crime Victims Action Alliance

[www.pomc.org](http://www.pomc.org)

[www.pomc.org/sacramento](http://www.pomc.org/sacramento)