

HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

May 2025

<http://www.sacda.org/helpingvictims/victim-witness/>

Issue 4

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

Ahmanal Dorsey
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UPCOMING MEETINGS

Next Meeting:

June 4th, 2025 @ 6:30 pm—8:30 pm

Kaiser Building across from Sacramento's DA's office
906 G Street, Sacramento CA

Please park behind the DA's office for free or on G
street which has metered parking.

In Loving Memory

May Dates of Births

Otila Carrington	05/18/1955
Shaun Foltz	05/02/1977
Tyreko Johns	05/16/1976
Wilfredo Ochoa	05/10/1975
Jeff Holly	05/04/1973
Mario Escobar	05/16/1952
Shawna Edgar	05/24/1977
Oscar DeHerrera	05/14/1981
Marlena Brooks	05/26/1974
Brittany Aardahl	05/28/1973
Tad Shaw	05/23/1961
Thaddeus Czuprynski	05/20/1980
Soledad Abogado	05/17/1917
LaRhonda Marie Johnson	05/24/1982
Milton Miguel Ruiz	05/23/1981
Astin Lawrence	05/15/1985
LeWayne Alan Carolina	05/05/1976
Hector Manuel Barrera Jr.	05/25/1980
Carlos Morales	05/31/1986
Richard Ramos Rios	05/01/1986
Phuong Van Le	05/18/1948
Robert Skou	05/07/1984
Donte L. Walton	05/10/1990
Cleveland H. Scott	05/27/1953
Brenda D. Trujillo	05/14/1958
Sylvia F. Guerrero	05/16/1970
Gabriel Martinez	05/31/1982
Rudolph Haynes	05/02/1952
Jelisa Office	05/07/1990
Julian Maisonet	05/27/1946
Doug Cline	05/25/1959
Joshua Kalb	05/20/1980
Jaylon Wilfort	05/18/1975
Enrique Perez	05/22/1987
Alexander Villa	05/03/1982
Fernando Lorenzo Munoz	05/12/1983
Leel Wilson III	05/20/1981
Alfredo "Chino" Perez	05/22/1987
Bobby V. Skou	05/07/1984
Marcus Thompson	05/01/1991
Marque Alexander Johnson	05/06/1992
Robert Flores	05/16/1973
Jessica Haslam	05/31/1998
Rebecca Chaquies	05/16/2002

May Dates of Loss

Shawn Foltz	05/14/2001
Travell Collins	05/02/2002
Denia Nicole Crawford	05/04/1999
Anthony Jon Casteel	05/28/1999
Michelle Montoya	05/16/1997
Vikki Lynn Lustig	05/12/1997
Marlena Brooks	05/31/1993
Kenneth Hahn	05/02/1999
Hector Rosales, Jr.	05/05/2000
George Anthony Shtaway, Jr.	05/18/2000
Angela Marie Prindle	05/31/2002
Horatio Lawrence	05/08/2001
Andrew Jackson Lewis	05/22/2005
Jerry Johnson Jr.	05/09/2005
Michael Dewatt Smith	05/20/2006
Marquis Lamont Kendall	05/13/2006
Johnny Edwards Lewis	05/22/2006
Albert Lloyd Titman	05/17/2006
Donald Lamell Willis, Jr.	05/06/2005
Adrian Hutchins	05/08/2007
Joseph Zacaria Gomez	05/09/2007
Joseph Aaron Griggs	05/17/2007
Larry Gibbs	05/09/2007
Carlos Hermaine Bryant	05/29/2007
Tri Minh Pham	05/08/2007
Paul Ray Cousins III	05/19/2009
Marcus Houston Mayes	05/28/2009
Chawn Chaney	05/29/2009
David Endres	05/31/2010
Adrian Moore	05/14/2017
Michelle Benavidez	05/14/2021

How Grateful I Would Be To Have Just One More Day

If I could have just one more day and
wishes did come true,
I'd spend every glorious moment
side by side with you.
Recalling all the years we shared
and memories we made,
how grateful I would be
to have just one more day.
Where the tears I've shed are
not in vain and only fall in bliss.
So many things I'd let you know
about the days you've missed.
I wouldn't have to make pretend
you never went away.
How grateful I would be to
have just one more day.
When that day came to a close
and the sun began to set,
a million times I'd let you know
I never will forget
the heart of gold you left behind
when you entered Heaven's gate.
How grateful I would be to
have just one more day.

Talking Is Releasing

By Elizabeth Dent

Go ahead and mention my child,
The one who died you know.
Don't worry about hurting me further,
The depth of my pain doesn't show.

Don't worry about making me cry.
I'm already crying inside.
Help me to heal by releasing
The tears that I try to hide.

I'm hurt when you just keep silent,
Pretending she didn't exist.
I'd rather you mention my child,
Knowing that she has been missed.

You asked me how I was doing.
I say "pretty good" or "fine."
But healing is something ongoing.
I feel it will take a lifetime.

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at husbandsm@sacda.org by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Time

June 4th, 2025 @ 6:30 pm

SUMMER BREAK JULY & AUGUST

September 3rd, 2025 @ 6:30 pm

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Wendy Nguyen @ 916-731-6854.

SNOWLINE Healing All Together provides FREE groups for children, teens and their families. Based on The Dougy Center method. Contact their bereavement services section at 530-621-7820 or email Grief@snowlinehospice.org for more information or to register. See description below from their website . <https://snowlinehospice.org/grief-support/#grief-support-groups>

"Kids and teens are placed in groups alongside similar-aged peers who have suffered a similar loss. Art, music, motion, and play are selectively utilized to promote healing when words aren't enough. Pre-registration required."

REMEMBEAR ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <https://vimeo.com/353432975>

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. **They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA** For additional info. call (916) 879-4541

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30-9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN
National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111;
National Organization for People of Color Against Suicide: <http://www.nopcas.org>

The following members of the support group are willing to lend a listening ear during your time of grief.

Rachel Benavidez 916-628-6220 Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento