HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

October 2023

http://www.sacda.org/helpingvictims/victim-witness/

Issue 9

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

Ahmanal Dorsey DorseyA@sacda.org 916-874-6193

Michelle Husbands Husbandsm@sacda.org 916-874-5430

Tatiana Morfas MorfasT@sacda.org 916-874-6741

UPCOMING MEETINGS

Next Meeting:

Wednesday November 1st, 2023 @ 6:30 pm

Kaiser Building across from Sacramento's DA's office 906 G Street, Sacramento CA

Please park behind the DA's office for free or on G street which has metered parking.

In Loving Memory

Dates of Birth

Dates of Loss

Tamar Puccinelli	10/08/1974	Michael Ross	10/25/2003
Zephriah Johnson	10/02/1975	Michael Jason Moore	10/24/2003
Roberto Treadway	10/03/1987	Tommy Lee Deorosan, Jr.	10/23/1999
Ryan Smith	10/31/1978	Thomas Calvin Rambo	10/01/1994
Jasmine Leon	10/27/1973	Oletha Bradford	10/25/1997
David Ortiz, Jr.	10/08/1972	Robert	10/30/1995
Michael S. Trout, Jr.	10/19/1974	David L. Sargent II	10/11/1999
Anthony Keith Robinson	10/04/1959	Shawna Edgar	10/23/1995
Shannon Leigh Long	10/28/1981	Brittany Aardahl	10/01/1997
Ruben Esquivel	10/13/1974	Marc Heron	10/11/1994
Richal Shelly Dillion	10/15/1959	John Heringer Brit C. Bahn	10/20/1995 10/11/1995
Sylvia Diaz	10/18/1933	Toni R. Shull	10/02/1993
Frank Contreraz	10/15/1969	Frank Champion	10/02/2003
		Manuel Alexander	10/03/2004
Marsha Runyon	10/27/1979	Michelle	10/15/2004
Keyonta Deon Thornton	10/15/1977	Nina-Rose	10/15/2004
Carl Anthony Wright	10/03/1975	Samantha	10/15/2004
Andrew Jackson Lewis	10/23/1976	Jerry Sarnowski	10/04/2004
Michelle	10/10/1972	Bart Santiago	10/23/2005
Nina-Rose	10/20/1997	Xochitl Djeda Martinez	10/16/2005
Prem Chetty	10/30/1955	Eddie Holman	10/25/2005
Ronald Carpenter Singleton Jr.	10/14/1968	Ronald Carpenter Singleton Jr.	10/04/2005
Deborah J. Williams Brown	10/06/1957	Nina Guess	10/01/2006
Danny Hickman	10/03/1980	Joseph Proctor	10/04/2006
Darryl LaMont Harris	10/22/1974	Darryl LaMont Harris	10/21/2006
Raymond Lee Robinson	10/13/1957	Robert Grimes, III	10/02/2007
Jonah L. Williams-Simms	10/05/1988	Ebony Kight	10/25/2007
Marcus Houston Mayes	10/23/1989	Emanuel Michel	10/18/2008
Chester Corser Jr.	10/08/1946	Gustavo Lopez	10/31/2008
Jeremiah Josiah McRath	10/05/2006	Steve X. Lo	10/15/2008
David Endres	10/23/1965	Tammula Robbins	10/10/2009
Vern Saeturn	10/13/1991	Joshua Scott Trahan-Mays	10/10/2009
Jerry Saeturn	10/16/1988	Kevin Burks	10/11/2011
	.,	Jacklyn Sue Arata	10/22/2012
		Kathleen Joy Arata Chizuko Kaneshi	10/22/2012
			10/22/2013
		Dolly Badiali	10/04/2014



POEM

You can shed tears that she is gone, or you can smile because she has lived.

You can close your eyes and pray that she'll come back, or you can open your eyes and see all she's left.

Your heart can be empty because you can't see her, or you can be full of the love you shared.

You can turn your back on tomorrow and live yesterday, or you can be happy for tomorrow because of yesterday.

You can remember her only that she is gone, or you can cherish her memory and let it live on.

You can cry and close your mind, be empty and turn your back.

Or you can do what she'd want: smile, open your eyes, love and go on.

~ David Harkins

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at <u>husbandsm@sacda.org</u> by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times:	Nov 1st, 2023 @ 6:30 pm
-	Dec 13th, 2023 @ 6:30 pm
	Jan 10th, 2024 @ 6:30 pm

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

SNOWLINE Healing All Together provides FREE groups for children, teens and their families. Based on The Dougy Center method. Contact their bereavement services section at 530-621-7820 or email <u>Grief@snowlinehospice.org</u> for more information or to register. See description below from their website . https://snowlinehospice.org/grief-support/ #grief-support-groups

"Kids and teens are placed in groups alongside similar-aged peers who have suffered a similar loss. Art, music, motion, and play are selectively utilized to promote healing when words aren't enough. Pre-registration required."

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <u>https://vimeo.com/353432975</u>

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30—9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento