# **BE INTERNET & SOCIAL MEDIA SMART**



**NEVER** send nude photos of yourself to others.

**NEVER** share nude photos of others.

**NEVER** provide your social security number to social media or other sites.

Be **CAUTIOUS** when "meeting" people online; they may not be who they claim to be.

**THINK** before you provide personal information online (school, address, phone number, place of employment, etc.)

# WHAT PARENTS CAN DO...

- Talk with your child about their use and interactions over text, Internet, and social media.
- Educate them on the dangers of providing information online.
- Set clear guidelines/rules (what platforms, when, how, where, with whom, how often).
- Know what devices are web-enabled (gaming consoles, iPods, eReaders).
- Research, set safety/parental controls, keep software updates current.
- Have usernames/passwords to check their accounts.
- Monitor use of all electric devices, Internet browser history, and smart phone apps.
- Monitoring/controls might be offered by cell service providers or downloaded as an app.
- Stay informed of new and hidden apps, technology, trends, tools, and resources for parents.
- Talk about cyberbullying; be a good listener.
- Find out the school's laws/policy, report cyberbullying to the school, save the evidence.

If you believe you have been victimized: Contact Your Local Law Enforcement Agency Contact Your School Administration

# Mental Health Resources:

Sacramento Prevention Crisis Hotline 916.368.3111

Mental Health Access Team 916.875.1055 or 888.881.4881

National Suicide Prevention Lifeline 800.273.8255

Community Support Team 916.874.6015

### Educational Resources:

Sacramento County District Attorney's #iSMART (Internet, Social Media Awareness, Resources & Training) Program YouthPrograms@sacda.org

CA Department of Education www.cde.ca.gov

Federal Bureau of Investigation www.fbi.gov/becrimesmart

Megan's Law www.meganslaw.ca.gov

National Center for Missing & Exploited Children (NetSmartz) www.ncmec.org / www.netsmartz.org

National Crime Prevention Council www.ncpc.org

National Cyber Security Alliance www.staysafeonline.org

National Parent Teacher Association "Internet Safety" www.pta.org

Resources for Parents/Teens www.aplantformforgood.org

Resources on Cyberbullying www.stopbullying.gov

Reviews of Browsers, Games, etc. www.commonsensemedia.org

US Department of Justice www.cybercrime.gov

901 G Street - Sacramento, CA 95814 916.874.6218 CA Relay Service 800.735.2929 TDD or 711

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# **#iSMART**

Internet, Social Media Awareness, Resources & Training

In partnership with: Sacramento City Unified School District, Sacramento County Office of Education, Sacramento County Probation Department, Sacramento County Sheriff's Office and Sacramento Police Department

> To request a presentation: YouthPrograms@sacda.org



District Attorney **Thien Ho** Sacramento County District Attorney's Office Community & Media Relations Unit

# THE INTERNET & SOCIAL MEDIA: **NEW CHALLENGES, RISKS, THREATS**

In this digital age and rise of social media, kids face new challenges, risks, and threats in their everyday lives- at home, school, and online.

Age-old challenges and dangers kids face are now magnified, especially when it comes to bullying and "stranger danger."

*The world is at their fingertips - giving them* access and making them accessible to anyone, anytime, anywhere.

Predators, stalkers, and bullies have boundless opportunities to reach their victims - from behind a screen in anonymity.

Smartphones have GPS capability, so their locations are shared, either by "tagging" or without them knowing.

Smartphones keep kids connected 24/7, with less supervision. They have the ability to take



photos/videos, and make a poor decision in an instant.

Whatever they share online creates a digital "tattoo," which can follow them throughout their lives, impacting them now and in the future.

# **LEGAL CONSEQUENCES & CRIMINAL CHARGES**

- Possessing/Distributing Child Pornography
- · Lifetime Registration as a Sex Offender
- Criminal Threats
- Issuance of Restraining Order
- Photos/Videos Posted Provide Evidence to prove Additional Criminal Acts
- Potential Civil Liability

# **COMMON DANGERS YOUTH FACE**

**Cyberbullying** - Bullying done on an electronic device and/or online with instant messages, emails, texts, and social media sites. Bullies post cruel, often threatening, words and embarrassing pictures and videos, which spread fast across their online network. Victims cannot escape harassment - it follows them everywhere and can lead to suicide.



Sexting - Sexting is a dangerous and growing trend among youth. Texting explicit language, photo, and videos to others can end up online. Once in cyber-space, it is there permanently and can be used for blackmail and prevent admission into schools, employment, or the military.

**Sextortion** - Blackmailing a victim with an explicit photo the victim previously posted online. Perpetrators demand more photos, money, or sexual favors from the victim, by threatening to post the original photo on social media sites if they don't get what they want.

#### **Online Strangers & Stalkers** - Online predators look to meet their victims and groom them for



sexual encounters by communicating through instant messaging, social media, chat rooms, message boards, and cell phones. Stalkers can target victims by finding vital

information such as phone numbers, school, address, and even social security numbers online.

Gangs - Gangs have gone online to threaten, or recruit members, set up meetings, lure children into prostitution, buy and sell drugs and guns.

# **POPULAR APPS/SITES**

# Facebook

#### Post pictures, chat, blog, video chat, and post information.

### YouTube

A video-sharing platform. Users upload, view, comment on, connect, and share user generated/created and corporate videos, and other content

#### Discord

Instant messaging social media platform. Users can interact via voice/video calls, text, and post media and files in private chats or servers.

#### WhatsApp $\odot$

An instant messaging medium for people to send text messages, video chat, and make phone calls.

# TikTok

Users share looping videos, published through TikTok's social network. Users can browse other TikTok videos and share them on other apps (Facebook, Instagram, etc.)

#### **Dating Apps** Ľ)

Users create a profile by uploading pictures and writing bios. Other users in the area can see, chat, and meet them. Some dating apps: Tinder, Bumble, & Hinge.

# 🐚 WeChat

An all-in-one app that contains multiple aspects of previously mentioned apps. Users can text, call, video chat, share their location, post live pictures/videos, and plav games.

# XX

Share brief messages, pictures, and videos.

# **O** Instagram

Post pictures, videos, and chat with other users

# Snapchat

Users share time-sensitive pictures and videos. After a few seconds, the pictures and videos disappear. However, people can take a screenshot before they disappear.

# BeReal

A photo sharing app to post once a day, every day at a different time, using the front and the back camera of their device simultaneously. Users can react and comment on posts.

# < Telegram

Pure instant messaging app that users can communicate with others. Users can have "Secret Chats" that self-destruct automatically between the two parties.

# 🕅 Virtual Gaming

Users can compete against, chat, and private message individuals worldwide. Examples of virtual gaming apps: Roblox, Minecraft and Fortnite.