HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

April 2023

http://www.sacda.org/helpingvictims/victim-witness/

Issue 4

GROUP PURPOSE

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

Ahmanal Dorsey DorseyA@sacda.org 916-874-6193

Michelle Husbands Husbandsm@sacda.org 916-874-5430

Tatiana Morfas MorfasT@sacda.org 916-874-6741

UPCOMING MEETINGS

Next Meeting:

Wednesday May 3rd, 2023 @ 6:30 pm

Kaiser Building across from Sacramento's DA's office 906 G Street, Sacramento CA

Please park behind the DA's office for free or on G street which has metered parking.

Summer Break—No Meeting July and August

In Loving Memory

April Dates of Birth

| April Dates of Birth | | <u>April Dates of Loss</u> | |
|-------------------------------|--------------------------|-----------------------------|------------|
| Ronald Westley Swift | 04/29/1981 | Nancy Jenkins-Smith | 04/21/2001 |
| Quinnisha Thomas | 04/21/1984 | Tamar Puccinelli | 04/05/1993 |
| Travell Collins | 04/15/1979 | Stephanie Murphy | 04/15/1999 |
| Michael Ross | 04/05/1984 | Adam Todd | 04/30/2000 |
| James Robert Treiberg | 04/15/1969 | James Jones | 04/24/2003 |
| Larry Carrisosa | 04/27/1949 | Ryan Smith | 04/28/2002 |
| David L. Sargent II | 04/12/1975 | Nicholas Bateman | 04/02/2000 |
| Michelle Montoya | 04/23/1979 | Demetrio N. Nambo | 04/24/1994 |
| Vikki Lynn Lustig | 04/01/1968 | Francis Smith | 04/17/1998 |
| Glenn C. Whitten | 04/25/1977 | Thomas Swafford | 04/27/1998 |
| Robert Boocher | 04/22/1942 | Julianna Lacefield | 04/11/1998 |
| Michael Izell Brown | 04/19/1982 | Andrew Montano | 04/17/1998 |
| Travell Collins | 04/15/1979 | Mi'Angelo Cordero | 04/16/2002 |
| Donnell Harden | 04/17/1969 | Cheryl Brinkley | 04/10/2005 |
| Manuel Alexander | 04/11/1971 | , Kevin Moore | 04/26/2005 |
| Julie Ann Carrera | 04/09/1977 | Michael Villescaz | 04/24/1994 |
| Michael Ross | 04/05/1984 | Roosevelt Cambell Jr. | 04/23/2006 |
| Fredrick Karl Johnson | 04/26/1965 | Raymone Joseph Washington | 04/23-2006 |
| Clifford Owens | 04/06/1983 | Lonnie L. Taylor | 04/23/2006 |
| Bart Santiago | 04/28/1962 | Gary James Maryland | 04/13/1996 |
| Xochitl Djeda Martinez | 04/24/1971 | Victor Lima | 04/11/2006 |
| James Laskey Ramirez | 04/27/1987 | Raymond Lee Robinson | 04/11/2006 |
| Roosevelt Cambell Jr. | 04/05/1966 | John Kenneth Green | 04/12/2008 |
| Albert Lloyd Titman | 04/16/1986 | Alexander Villa | 04/04/2009 |
| Robert Christopher Placencia | 04/12/1989 | Thomas Kimble | 04/16/2009 |
| Adrian Hutchins | 04/20/1986 | Katricia Banks | 04/11/2009 |
| Larry Gibbs | 04/28/1971 | Leo Velasco | 04/24/2009 |
| Damon Perkins | 04/19/1980 | Dusty Rose Vazquez | 04/09/2009 |
| Valeeya Brazile | 04/07/2004 | Martin Ramirez Jr. | 04/11/2009 |
| Leo Velasco | 04/13/1986 | Jazzmyne Sharnae Bruner | 04/15/2010 |
| Isaac-Michael Bartkovsky | 04/26/1990 | Francisco ' Frankie 'Flores | 04/14/2011 |
| Divya Madelyn Ram | 04/20/2006 04/26/1992 | Ubaldo Barraza | 04/22/2012 |
| Rebecca Layson | | Charles Wayne Smythe | 04/28/2001 |
| Avery Sanders Karen Curtin | 04/20/1952 04/29/1959 | Nichole Riolo | 04/22/2015 |
| | | | 07/22/2013 |
| Truly Lo | 04/12/1998 | | |

National Crime Victims' Rights Week

 $\frac{\text{CRIME VICTIMS UNITED}}{\star \star}$

March on the Capital

Remember and Honor Our Loved Ones

* * *

April 25th, 2023 10am on the West Side Steps of the California State Capital

> 1315 10th St Sacramento, CA 95814

For more info please email jovonna@crimevictimsunited.com

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POEM

When a loss hits us, we have not only the particular loss to mourn but also the shattered beliefs and assumptions of what life should be These life beliefs must be mourned separately. Sometimes we must grieve for them first. We can't grieve the loss if we are in the midst of "It's not supposed to happen this way" ... We intellectually know that bad things happen ~ but to other people, not us, and certainly not in the world we assumed we were living in . . . Your belief system needs to heal and regroup as much as your soul does. You must start to rebuild a new belief system from the foundation up, one that has room for the realities of life and still offers safety and hope for a different life: a belief system that will ultimately have a beauty of its own to be discovered with life and loss. Think of a lifeless forest in which a small plant pushes its head upward, out of the ruin. In our grief process, we are moving into life from death, without denying the devastation that came before.

-- Elisabeth Kübler-Ross and David Kessler, in <u>On Grief and Grieving : Finding the Meaning of Grief Through the Five Stages of Loss</u> **Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at <u>husbandsm@sacda.org</u> by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

| Meeting Dates & Times: | May 3rd, 2023 @ 6:30 pm |
|------------------------|----------------------------|
| | June 7th, 2023 @ 6:30 pm |
| | Summer break July & August |

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

SNOWLINE Healing All Together provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group.

https://snowlinehospice.org/our-services/grief-services/grief-support-services-grief-support-groups

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <u>https://vimeo.com/353432975</u>

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30—9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento