# HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

March 2023

http://www.sacda.org/helpingvictims/victim-witness/

Issue 3

## **GROUP PURPOSE**

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



#### Facilitating Victim Advocates

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## **UPCOMING MEETINGS**

#### Next Meeting:

#### Wednesday April 5th,2023 @ 6:30 pm

Kaiser Building across from Sacramento's DA's office 906 G Street, Sacramento CA

Please park behind the DA's office for free or on G street which has metered parking.

Summer Break—No Meeting July and August

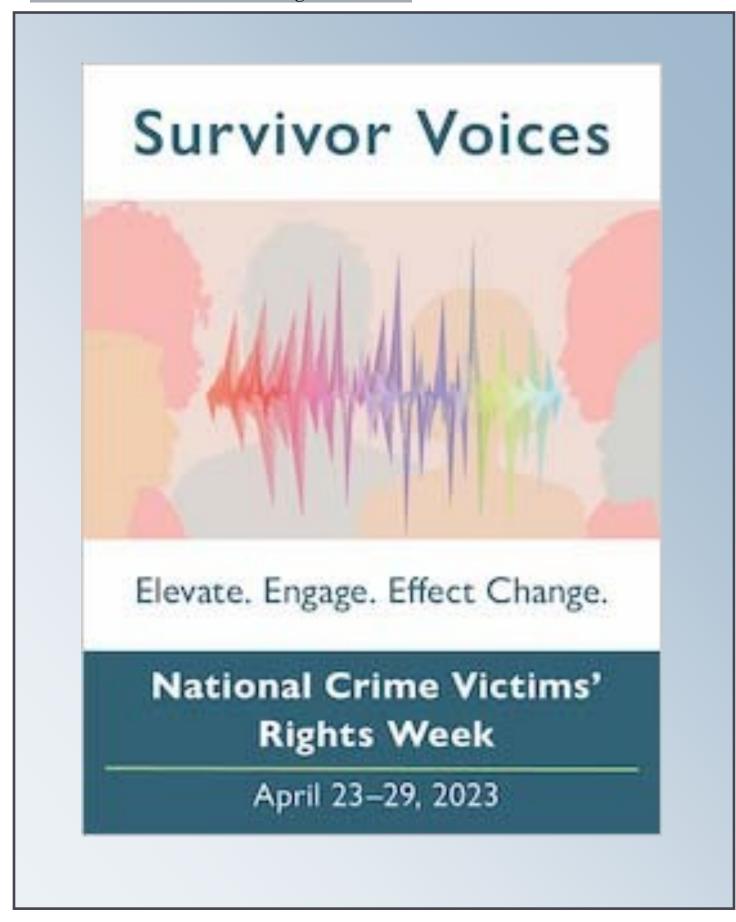
# In Loving Memory

## March Dates of Birth

Manuel Parra	03/07/1971
Thomas Swafford	03/31/1980
Conrad Sanchez	03/23/1970
Kimberly Ray	03/24/1965
Albert Proctor	03/22/1968
Michael A. Menzies	03/21/1978
Julianna Lacefied	03/25/1994
Tony Galati	03/14/1979
Robert	03/03/1966
William A. Broady	03/28/1953
Anthony Jon Casteel	03/20/1968
Billy Champ, Jr.	03/23/1997
Mark Contreraz	03/23/1994
Theron LaMortoe Hopkins-Holli	s 03/02/1976
Kelly Dyan Hendershot	03/23/1979
David Crawford	03/09/1948
Maurice Taylor	03/07/1983
Wesley Hunter	03/05/1979
Stevan Stewart Santistevan	03/30/1960
Howard Turley	03/31/1973
Princella Walker	03/24/1979
Homero Estrada Perez	03/30/1971
Augusto E. Lopez-Garcia	03/24/1986
Nina Guess	03/12/2005
Damien Louis King	03/13/1989
Michael Lamar Barron	03/17/1979
Jerimi Millican	03/17/1986
Marquis R. Richmond	03/22/1976
Joseph Zacaria Gomez	03/15/1989
Joseph Roneel Dutt	03/14/1985
Patrick Moore	03/15/1968
Robert Grimes, III	03/30/1982
Marie Buchanan	03/27/1952
Leo Fletcher III	03/17/1986
Evelyn Wash	03/01/1952
Dominic D. Campos	03/28/1988
Anthony Lamar Barnett	03/01/1983
Michael Sanderson	03/14/1957
Nichole Riolo	03/24/1983

### March Dates of Loss

LaVelle Grays	03/20/2001
La'Ronda Marie Johnson	03/26/1998
John E. Sullivan	03/29/2003
Zephriah Johnson	03/21/2003
Vincent Estrada	03/25/2003
Tony Galati	03/14/1998
Larry Carrisosa	03/01/2000
Tad Shaw	03/13/1998
Randy Peterson	03/28/1999
Andre Duran Whittaker	03/26/1999
Crystal Johnson	03/29/1994
Anthony Keith Robinson	03/16/1999
Nickolas Contreaz	03/02/1998
Beverly Jean Horne	03/06/1995
•	03/26/1998
David Sarget III	
Glenn C. Whitten	03/01/2000
Jackie Madera	03/28/1999
Joie Armstrong	03/26/1999
Ricky J. Collier	03/29/1994
Tomek Ordon	03/02/1998
Andres Martinez, Jr.	03/13/1998
Wilfredo Ochoa	03/27/2004
D. Johnson	03/10/2004
Julie Ann Carrera	03/12/2005
Linda Louise Avila	03/12/2005
Jesse Rodgers, Jr.	03/10/2005
De'Antwan T. Thomas	03/11/2005
Hector Manuel Barrera Jr.	03/26/2006
Carlos Morales	03/06/2006
Phuong Van Le	03/14/2006
Ralph Reynoso, Jr.	03/26/2006
Michael Lamar Barron	03/09/2007
Cleveland H. Scott	03/30/2007
Gregory Cabrera	03/28/2007
Jelissa Office	03/23/2007
John Johnson	03/25/2006
Arlo Ligi	03/13/2008
Jack Maurice Lawrence	03/15/2006
Fernando Lorenvo Munoz	03/21/2009
Raul Velasquez	03/13/2010
Salvador Heredia-Arriaga	03/26/2010
Marque Alexander Johnson	03/17/2010
Jeremiah Josiah McRath	03/25/2010
Monica Anderson	03/13/2010
David Valdez	03/20/2011
Jessica Haslam	03/06/2012
Sarah Rhodes Priess	03/26/2015
	20, 20, 2010



## POEM

#### REFLECTIONS

I want to leave you something. Something much better than words or sounds. Look for me in the people I've known and loved or helped in some special way.

Let me live in your heart as well as your mind. You can love me most by letting your love reach out to our loved ones. By embracing them and living in their love.

Love does not die, people do. So, when all that's left of me is love, give me away as best you can.

Unknown

**Dedications** to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at <u>husbandsm@sacda.org</u> by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

**Memorial Quilts:** If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times:	April 5th, 2023 @ 6:30 pm
-	May 3rd, 2023 @ 6:30 pm
	June 7th, 2023 @ 6:30 pm
	Summer break July & August

**Children's Support Groups:** Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

**UC Davis Hospice** young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

**SNOWLINE Healing All Together** provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group.

https://snowlinehospice.org/our-services/grief-services/grief-support-services-grief-support-groups

**REMEMBER ME BEARS:** Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <u>https://vimeo.com/353432975</u>

# **Grief Support and Resources**

**Parents of Murdered Children (POMC)** is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA For additional info. call (916) 879-4541

**Crime Victim's United of California** sponsors a victim's support group **the 2<sup>nd</sup> Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30—9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

**SUICIDE PREVENTION RESOURCES:** DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

#### Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento