HOMICIDE SUPPORT NETWORK

Sacramento County District Attorney's Office

http://www.sacda.org/helpingvictims/victim-witness/

Issue 8

GROUP PURPOSE

September 2022

Why are we here:

To support persons who survive the violent death of someone close as they seek to recover;

To provide contact with similarly bereaved persons and establish self-help groups that meet regularly;

To provide information about the grieving process and the criminal justice system as they pertain to survivors of a homicide;

To communicate with professionals in the helping fields, about the problems faced by those surviving a homicide and to increase society's awareness of these issues.



Facilitating Victim Advocates

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UPCOMING MEETINGS

WELCOME BACK TO IN PERSON MEETINGS

Next Meeting:

Wednesday October 5th, 2022 @ 6:30 pm

Kaiser Building across from Sacramento's DA's office 906 G Street, Sacramento CA

Please park behind the DA's office for free or on G street which has metered parking.

In Loving Memory

Luv Land

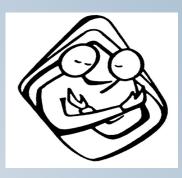
September Dates of Birth		<u>September Dates of Loss</u>	
Vincent Estrada	09/17/1978	Denise Hooper	09/15/1
Stephane Murphy	09/01/1961	Alvin Stone	09/13/2
Christopher A. Navarro	09/29/1971	Ian Duarte	09/18/2
		Andrey Tsurkanu	09/02/2
James Eugene McMillen	09/22/1978	Pavel Voskoboinik	09/27/3
Hector Rosales, Jr.	09/08/1979	Harnes	09/03/3
·		Jeff Holly	09/02/
Howard Curtis Morris, Jr.	09/07/1981	Tomek Ordon	09/16/1
Mario Vidal	09/16/1988	Lindsay Sullivan	09/25/
Cheryl Brinkley	09/14/1981	Howard Curtis Morris, Jr.	09/22/
	07/11/1701	Tonva Belton	09/26/

09/13/2002 09/18/2002 09/02/2003 nu nik 09/27/2003 09/03/2003 09/02/1995 09/16/1994 09/25/1995 Morris, Jr. 09/22/1999 09/26/1993 Ruben Esquivel 09/21/1995 Antonio Indio Del Sol Garcia 09/17/1994 **Yvonne Bean-Tate** 09/27/1993 Thaddeus Czuprynski 09/23/1999 Marsha Runyon 09/23/1999 Mathew Erwin 09/12/1997 Keyonta Deon Thornton 09/07/2000 Tommy Xiong 09/11/2002 Howard Turley 09/16/2005 Princella Walker 09/24/2005 Homero Estrada Perez 09/17/2005 Margarita Cortez 09/17/2004 Donte L. Walton 09/23/2006 John Paul Martin 09/21/2006 Antonio Garnica 09/28/2001 Jose Segura 09/08/2007 Noah Seamster 09/03/2007 Sean Aguitania, Jr. 09/14/2007 Sean Aguitania, Sr. 09/14/2007 Enrique Perez 09/13/2007 David Butler 09/26/2008 Vincente Segura Hernandez 09/24/2008 Alfredo "Chino" Perez 09-13-2007 Dominic D. Campos 09/30/2009 Lee Edward Johnson 09/19/2009 Jesus Garcia 09/04/2011 Audie Hogue 09/14/2011 09/15/2012

09/15/1989

Christopher A. Navarro	09/29/19/1
James Eugene McMillen	09/22/1978
Hector Rosales, Jr.	09/08/1979
Howard Curtis Morris, Jr.	09/07/1981
Mario Vidal	09/16/1988
Cheryl Brinkley	09/14/1981
Timothy Tallman	09/02/1974
Devin McWilliams	09/09/1976
Jerry Sarnowski	09/22/1972
Brandon Loomer	09/01/1981
Ng Heim Thai	09/01/1953
Tyesha Gallien	09/03/1986
Kaysha Janae Shafer	09/06/2003
Lee Michael Candelaria	09/03/1981
Kelly Ann Johnson	09/22/1987
Gregory Cabrera	09/02/1972
Devin Marsean Crowder	09/28/1975
Dominique Dupree Hickman	09/13/1989
Carlos Hermaine Bryant	09/25/1972
Noah Seamster	09/26/1988
Gustavo Lopez	09/08/1990
Katricia Banks	09/17/1983
Michael Branner Jr.	09-16-1978
Salvador Heredia-Arriago	09/01/1983
Robert Corpos	09/05/1990
Francisco "Frankie" Flores	09/01/1991
Rosemary Badiali	09/08/1957

The Sacramento Chapter of POMC 2022 NATIONAL DAY OF REMEMBRANCE



Monday Sept 26th, 2022 From 12:00 pm to 2:00 pm

California State Capitol- west steps

This observance pays tribute to murder victims everywhere.

Please join the Sacramento Area Chapter of Parents Of Murdered Children (POMC) for a ceremony honoring the memory of our loved ones who have died by violence. There will be a candlelight ceremony immediately after the program.

For more information about the Sacramento Area Chapter of POMC, please call Misty Foster @ 916-879-4541, or visit the website at <u>www.pomc.org/sacramento</u>. You can shed tears that she is gone, or you can smile because she has lived.

You can close your eyes and pray that she'll come back, or you can open your eyes and see all she's left.

Your heart can be empty because you can't see her, or you can be full of the love you shared.

You can turn your back on tomorrow and live yesterday, or you can be happy for tomorrow because of yesterday.

You can remember her only that she is gone, or you can cherish her memory and let it live on.

> You can cry and close your mind, be empty and turn your back.

Or you can do what she'd want: smile, open your eyes, love and go on.

~ David Harkins

Dedications to your loved ones can be featured in the newsletter. Please submit them to Michelle Husbands at <u>husbandsm@sacda.org</u> by the 10th of the previous month you would like the dedication to appear. Eg. Dedications for the May's newsletter should be submitted by April 10th

Memorial Quilts: If you are interested in having a picture of your lost loved one placed on a quilt, please contact your victim advocate for instructions on how to complete that process.

Meeting Dates & Times: Oct 5th, 2022 @ 6:30 pm Nov 2nd, 2022 @ 6:30pm Dec 7th, 2022 @ 6:30 pm

Children's Support Groups: Sutter Memorial Children Bereavement Art group for ages 4-16 contact 916-887-5275 for various locations in Sacramento County. www.sutterchildrens.org/childbereavement

UC Davis Hospice young adult group for ages 17-24. Please contact Don Lewis @ 916-734-1139. Closed group which meets once a week for 8 sessions.

SNOWLINE Healing All Together provides FREE groups for children, teens and their families at the Sacramento Children Museum, 2701 Prospect Park Dr, Rancho Cordova, CA 95670 Contact their Bereavement Services section at 530-621-7820 or 916-817-2338 to enroll in group.

https://snowlinehospice.org/our-services/grief-services/grief-support-services-grief-support-groups

REMEMBER ME BEARS: Anyone interested in having a bear made from an article of clothing, blanket etc. that holds special memories of your loved one, may contact Ms. Sharon Bell at 707-678-3738. The cost is \$30 and she is willing to work with those who may have financial difficulty. The materials should be mailed to her at 1380 West F street, Dixon CA 95620. Here is a link of her sharing her journey <u>https://vimeo.com/353432975</u>

Grief Support and Resources

Parents of Murdered Children (POMC) is a national self-help organization designed solely to offer emotional support and information for anyone (not just parents) about surviving the loss of a loved one to murder. They meet the first Saturday of the month from 10:00am to 12:00 pm, at Antelope Springs Church, 4555 PFE Rd, Roseville, CA For additional info. call (916) 879-4541

Crime Victim's United of California sponsors a victim's support group **the 2nd Tuesday of each month** beginning at 6:30 pm at St. Teresa of Avila's Church in the preschool buildings at 11600 Atwood Road, Auburn CA. If you or someone you know is interested in attending, please call and confirm time and place at 530-885-9544.

Sacramento Valley Compassionate Friends meets every third Friday of each month 7:30-9:30 pm at the St. Mark's United Methodist Church, 2391 St. Marks Way, Sacramento CA 95864. Use the parking lot on Lusk in front of the Education Bldg. Meeting is upstairs in room E- 26 also accessible by elevator. Please contact the general number with questions pertaining to the group or email them at tcfsacvalley@gmail.com

Sacramento Valley Compassionate Friends Men's Sharing meeting is every second Tuesday of the month 7:30—9:00 pm at Christ Community Church 5025 Manzanita Ave, Carmichael in Rm 15. Parking is in the back.

SUICIDE PREVENTION RESOURCES: DO NOT TRY TO DEAL WITH IT ON YOUR OWN National Suicide Prevention Lifeline @ 1-800-273-8255 (1-800-273-TALK) or 1-800 784-2433 (1-800 suicide); Sacramento Suicide Crisis Prevention line @ 916-368-3111; National Organization for People of Color Against Suicide: http://www.nopcas.org

The following members of the support group are willing to lend a listening ear during your time of grief.

Grace Beren: 916-730-5640; Earline Harris: 916-204-3399

www.thecompassionatefriends.com

www.1800victims.org

www.crimevictimsunited.com

www.cvactionalliance.org Crime Victims Action Alliance

www.pomc.org

www.pomc.org/sacramento